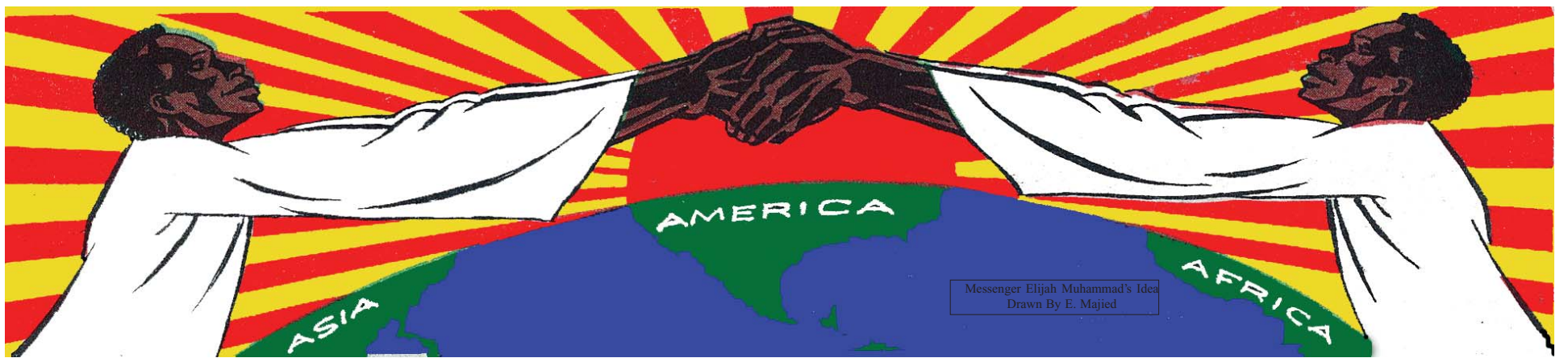


Muhammad



Speaks

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Justice and Equality
for the so-called Negro.
The Earth
Belongs to Allah.



Vol. 8, No. 3

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THE TROUBLED TIMES

NEWS IN BRIEF

Deadly Addictive Drug Being Sprayed American Crops

A dangerous chemical, called Auxigro, is being sprayed on American crops including; Celery, Cucumbers; Navy and Pinto Beans, Grapes, Onions; Bell, Green and Jalapeno Peppers; Lettuce, Peanuts, Potatoes, Snap Beans, Strawberries, Tomatoes, and Watermelons, almonds, apricots, cherries, plums, nectarines, and peaches.

Auxigro is a drug that is used to "enhance growth". It is made of 30% glutamic acid.

Glutamic acid is the main component of the popular, yet deadly "flavor enhancer", monosodium glutamate (MSG). The largest producer of glutamic acid, in the world, is a pharmaceutical (drug) company called Fufeng Group Limited, based in China.

The National Institutes of Health recognizes glutamic acid as being associated with addiction, stroke, epilepsy, Alzheimer's disease, Parkinson's disease, brain trauma, neuropathic pain, schizophrenia, anxiety, and depression. Yet, there is no crop (fruit, vegetable or grain), in America, that has not been approved for treatment with MSG by the U.S. Environmental Protection Agency (EPA).

Messenger Elijah Muhammad gave us two different remedies for this kind of problem. The Messenger said, in chapter 85 of his book *The Message To The Blackman in America* "you must first go to the farms, till the earth, and produce your own food. Build stores and warehouses to preserve your food throughout the seasons.

The Messenger wrote in chapter 19 of *How To Eat To Live*, book 1, that God in Person taught him, "You will never be sick if you eat once every 72 hours." This is about two meals every six days, which would extend our lives to a span of 1,000 years — for there is no poison from the previous meal three days ago which has enough power to do you any harm. The fast destroys the accumulation of food poison."

Hate Crimes Erupt Around the Country

In Brockton, Massachusetts in January, a 22-year old white man who lived with his mother and spent his time reading white power propaganda on the internet, allegedly killed two immigrants and raped a third before his racist murder spree ended in his capture by police.

In Pittsburgh in April, 23-year Richard Poplawski, who had also spent his spare time on white nationalist internet sites, killed three police officers and was arrested after a prolonged gun battle.

These were not the only violent incidents of their kind during 2009. In February in Richmond, California, for example, a black UPS truck driver was badly beaten by a group of seven white youths.

Unemployment twice as high for Black men

The unemployment rate for white men, as measured by the Bureau of Labor Statistics for the month of February 2009, was 7.4%; for white women, it was 6.1%. Many are on the verge of bankruptcy or have already lost their homes.

For black men, the unemployment rate was 14.9%, almost twice as high as that of white men, as recorded in the same February report. For black women that number was 9.9%. The sources of this disparity and the advantage that white people have in the job market are multiple: differences in educational opportunity and achievement, continuing and documented discrimination in hiring practices, proximity to jobs via public transport, etc.

Somalia: Revolutionaries of the Sea or Pirates

By
Brother Khalil Shabazz

DETROIT, Mich.--Over the past several months we've been hearing a lot of talk about what the White man calls "Pirates" from the African country of Somalia.

We've read in newspapers and watched on television how the white man has vilified our Black Brothers labeling them "thugs" and "gangsters" who are hijacking ships, taking hostages and receiving ransom money.

But what the white man never tells us is the truth about this so-called piracy.

The real story behind why our revolutionary Black Brothers from Somalia, who started out as fishermen but ended up as Revolutionaries of the Sea is never told to us by the white man.

The real story starts in 1991 after the government of Somalia began to fall as European (devil) nations took full advantage robbing the coast of Somalia of its seafood, tuna, shrimp, and lobster.

It has been estimated that \$300 million dollars worth is stolen every year Robbing and putting out of business our Black Brothers who were fisherman in Somalia.

The devils take all of this stolen seafood back to London and France. On top of that, the devils dispose of their toxic waste along the coast of Somalia, obviously not concerned about the people along the coast who get sick, develop rashes and babies born with defects.

By 2005 people began to suffer from radiation.

Nick Nuttal a UN Environmental Programme spokesman is quoted by Digital Journal as saying "Somalia has been used as a dumping ground for hazardous waste starting in the early 1990s, and continuing through the civil war there. European companies found it to be very cheap to get rid of the waste, costing as little as \$2.50 a tonne (metric ton), where waste disposal costs in Europe are something like \$1000 a tonne (metric ton).

And they expect our Somalian brothers to sit there and not do anything?



Brother Khalil Shabazz
World News Correspondent

According to The USA Today our new handpicked President Obama is quoted as saying in a statement "We remain resolved to halt the rise of piracy in this region....To achieve that goal, we must continue to work with our partners to prevent future attacks, be prepared to interdict acts of piracy and ensure that those who commit acts of piracy are held accountable for their crimes."

Now isn't it amazing how our so called "Black" President whose father is from the African country of Kenya refers to the defensive acts of our Revolutionary Brothers of Somalia as piracy and that they should be "held accountable for their crime" but doesn't address the crimes of the European Nations?

Just another example of how the white man uses his handpicked Negroes to work against the Freedom, Justice and Equality of the Black man the world over!

The Honorable Elijah Muhammad wrote an article in the November 24, 1972 Edition of Muhammad Speaks Newspaper, titled THE BLACKMAN OF U.S.A. & AFRICA, warning us that "OUR enemy, the white man wants to set us, one Black Brother, against the other Black Brother. They want to deceive the ones who are among us and who are still blind, deaf and dumb to the knowledge of the truth that we preach".

The Messenger went on to say, "THE continent of Africa belongs to Black People, but white Euro-

peans have robbed the Black African of so much of Africa by their exercising their white power and white authority over the Black Man's government of Africa

BLACK BROTHER, here in America, we must unite as solid as a brick wall which is cemented with good cement, or as a stone without crevice in it, in order to build up a Black Nation for ourselves."

But, The Messenger said, "WHITE AMERICA is with any Black leader who will teach against the separation of the two peoples, Black and white. There are some Black leaders who have fallen for integration one hundred per cent (100%) because they are in love with unalike (white race)... The white man is the real one who has us helpless and is preventing us from even reclaiming our OWN."

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The Tricknology of the Black Church

By Sister Lucy 2X

VIRGINIA--On page 78 of the little book titled "The Supreme Wisdom, Volume 2," by the Honorable Elijah Muhammad, Messenger of Allah, subtitled "What Every American So-Called Negro Should Know About;" there is a paragraph called "Preachers of Christianity."

This is a touchy subject for some of us who believe that criticizing the church is insulting God Himself.

The Messenger said "The greatest hindrance to the truth of our people is the preacher of Christianity."

He further says "He is the man who stands in the way of the salvation of his people..." and "The preachers are afraid of the truth."

This book is priceless, filled with short clear statements of truth.

I mention it because I've noticed that in every urban area nationwide, no matter how poor the area is--with dilapidated condemned buildings, stores and shops boarded up, trash up and down the streets or abandoned cars parked at the curb--the one building that remains intact, neatly painted and well taken care of is the "Black Church."

In some of our communities many times there are several churches in one neighborhood, often on the same block -- some large with huge parking lots for the attendees, and some small as storefronts -- and all with a big Christian cross hanging on the door, painted on the windows or plastered on the wall.

The Christian churches are no longer just headed by Black men, many of them now feature Black women up in the pulpit who represent the new pastors -- all claiming to be leading our people to heaven where they can be with Jesus - for a small fee.

If you pass by the Christian church on any Sunday morning or evening -- you can hear such a ruckus, clamoring musical instruments such as drums, organs, pianos, guitars, bongos, horns and all other kinds of noise makers -- and this is often drowned out by singing, dancing in the aisles, shouting, jumping up and down, sweating and crying, hysterical screams -- all in an attempt to reach the ears of Jesus -- who we know is already dead.

The Messenger says that Jesus is physically dead, and that his body is preserved in a fluid filled casket in Jerusalem designed to last several thousand years, and that only certain Caucasians can view it under secret agreement and circumstances.

Now, I doubt if any of our Christian preachers know this, nor believe it because they have built an entire religious empire based on the fabrication of the life of Jesus from a book called "The Holy Bible, King James Version."

This is the one book that ALL the Christian preachers believe in and use as a foundation to rule the people with what they claim is the word of God.

This is a very financially lucrative business and comes with a lot of perks. Most Christian ministers have several inside-the-church organizations that sponsor various events each year to raise money for the preacher, to buy him expensive gifts, send him on affluent vacations, buy him -- and his wife -- jewelry, cars, houses and anything else they want.

Some churches compete with each other to see who can buy the most expensive elaborate gifts for their pastor.

Women's Day, Men's Day, Church Anniversary Day, Founder's Day, Easter, Christmas, Youth Day, Evangelist Week, Gospel Fests, etc. etc. You name it, they celebrate it to raise and collect money for the Pastor.

The newest market that the Christian church has tapped in to is the area that attracts young people who have been lured to the church because now they can "dress down," and they can sing and dance in church just like they do at a R&B or Rap concert because the church music is now practically the same.

This is now hypnotizing a new generation into believing in the sainthood of our poor dead brother Jesus.

The Christian preachers teach our people to look for their reward after they die - while they get theirs while they live.

The Christian church has not stopped our people from using or selling drugs, they have not stopped prostitution, murder, black-on-black crime, nor reduced the prison population or stopped STD's.

'The newest market that the Christian church has tapped in to is the area that attracts young people who have been lured to the church because now they can "dress down," and they can sing and dance in church just like they do at a R&B or Rap concert because the church music is now practically the same.' --Words of Sister Lucy 2X

The church has not provided jobs, job training, education or housing for the congregation.

Our people are still searching for salvation, redemption, money, good homes and friendships in all walks of life - sadly they are looking for truth in all the wrong places.

We have only had one man since 1555 to give us the perfect plan and truth about our pitiful condition and how to get out of it

- and how to legally get all of the things we want for peace, security and happiness.

One thing we know for sure - we cannot sing our way out of the trouble we are in that is caused by our common open enemy.

We STILL need our own schools, our own curriculum, our own names, our own diet, our own businesses, our own farms, etc.

In judging the history, we have not made the progress we should

have made during the 144 years that we have claimed freedom.

The preachers try to take bits and pieces of the Messenger's program but until we accept and follow the entire program we will not be successful.

Stop going to church and come and follow Allah, a God who makes you feel good 7 days a week instead of just one - on Sunday. As-salaam-alaikum.

Government "bails out" Pork industry with name change

INFLUENZA (flu) is one of the MOST famous illnesses which pigs share with humans. This illness is harbored in the LUNGS of pigs, during the summer months, and tends to affect pigs and human in the cooler months.

Sausage contains bits of pigs' lungs, so those who EAT pork sausage tend to SUFFER MORE during EPIDEMICS of any kind of flu.

The only difference in swine flu and the flu that we are used to hearing about is that the devil (white folks) calls IT "swine flu" when the symptoms are worse.

Leading experts say the flu virus is from pigs. So why does the U.S. government and the World Health Organization want to stop calling it swine flu and, instead, call it H1N1?

It's a political move! The name change is the government's way of "bailing out" America's \$97 billion pork industry!

The state of Iowa is the biggest pork producer in the United States, and it is also consider the biggest political ally to have during a presidential election.

This outbreak of swine flu has resulted in people beginning to

understand the real dangers of pork. Even though public health officials falsely claim that eating products like bacon, ham and pork chops is safe as long as the meat is cooked thoroughly, wise shoppers have stopped buying pork.

The officials tell the "pork-is-safe-if-well-cooked" lie, knowing all the while that the trichinosis worm of the hog, that causes illness, is NOT KILLED DURING COOKING. The trichinae forms a cyst around it when the meat is cooked that protects it from extreme heat.

China, Russia and Ukraine have banned pork imports from Mexico and parts of the United States. The outbreak has stalled the usual spring rise in U.S. hog prices.

Pork producers fear that if the Black community gets wise to truth about the hog, and stop buying pork ribs this summer, they might end up like the auto industry.

According to the U.S. Department of Agriculture, the nationwide sale of pork products has already dropped because people are afraid to eat pork. So now, United States Centers for Disease Control (CDC) and the

World Health Organization (WHO) that the American people depend on for health information, has decided to stop calling the deadly disease "swine flu".

Dr. Edwin D. Kilbourne, the father of the 1976 swine flu vaccine and a retired professor at New York Medical College in Valhalla, called the idea of changing the name an "absurd position."

"It's clearly swine," said Henry Niman, president of Recombinomics, a Pittsburgh company that tracks how viruses evolve. "It's a flu virus from a swine, there's no other name to call it."

"Scientifically this is a swine virus," said top virologist Dr. Richard Webby, a researcher at St. Jude Children's Research Hospital in Memphis, who is also director of the WHO Collaborating Center for Studies on the Ecology of Influenza Viruses in Lower Animals and Birds. He documented the spread a decade ago of one of the parent viruses of this strain in scientific papers.

Messenger Elijah Muhammad

Continued on page 18

FROM THE PUBLISHER

Messenger: Only One Responsible For Delivering the Message

By
Minister Levi Karim

DETROIT, Mich.-- In The Name of Allah Who Came in The Person of Master Fard Muhammad to Whom all praises is due. I forever Thank Him for His Last and Greatest Messenger The Most Honorable Elijah Muhammad (peace be upon him).

Messenger Elijah Muhammad was a Divine Messenger raised from among his people with the Divine Message given to him from The Lord of the Worlds, Master Fard Muhammad, The True and Living God.

Messenger Elijah Muhammad (peace be upon him) is and was the only one responsible for the Delivery of that Message. I say IS and was because although he is physically dead, he made it clear before his death that he would "Be the winner, living or dead".

Messenger Elijah Muhammad was also given Divine Guidance from Allah (God) Master Fard Muhammad to Whom all praises is due forever. Those of us who submit and carry into practice His

Messengers Teaching will also be given Divine Guidance.

We must remember, as followers of The Most Honorable Elijah Muhammad (peace be upon him), that the devil (white man), disbelievers and hypocrites are poisoning the minds of the people against Allah (God) In The Person Master Fard Muhammad, His Messenger (Elijah Muhammad) and His followers and would be followers.

The Most Honorable Elijah Muhammad was Taught by Allah (God), In The Person of Master Fard Muhammad, for three and one half years. Then he spent the next 44 years teaching and warning us, until his death in 1975, to have "No Importance Among the Laborers", to "Beware of False Prophets" and that Allah raises ONLY ONE to be His Messenger.

Now ask yourself if this be the truth, and it is, where did all of these so-called "Divine" leaders come from? (No 1). Louis Farrakhan. (No 2) Marvin Muhammad. (No 3) Silis Muhammad (No 4) Royall. These brothers, who started out as

helpers (Laborers) of Messenger Elijah Muhammad, have now become so "Important" that they have the people referring to them as "Divine Reminder", "Honorable", "Son of Man", "God in Person", and "The Savior".

Allah Master Fard Muhammad (God) in Person didn't make them no leader over you and me. They made themselves leaders and you accepted them as your leader.

The Most Honorable Elijah Muhammad (peace be upon him) said there is no need for a successor in other words (One to take the place of the Messenger). What is needed for you and I (The Black Man and Woman of America) was given to Allah's Last and Greatest Messenger The Most Honorable Elijah Muhammad. (peace be upon him). And he left it here for us to pass on from one to the another to follow and obey.

I can say this, The Messenger The Most Honorable Elijah Muhammad was right when he said, they would like to take the place of God's Messenger. And that their greatest desire is to win the love of the people.

They are jealous of the Messenger. They want to be the big (BOSS) over all. None of them knew anything before the coming of Allah, in The Person of Master Fard Muhammad and raising up the Most Honorable Elijah Muhammad to teach and guide them. They were blind, deaf, and dumb just like the rest of us. They had to go to the Temple to learn how to clean themselves up just like me and you. Now what makes you so wise and important?!

You see, brothers and sisters, why it is so important to keep on fighting to let the black people know the great work that Messenger Elijah Muhammad did for his people? And the love he had for his people? He loved us more than we loved ourselves! We, the Messenger's followers, are up against opposition from Hypocrites, disbelievers and the devil (white man.) So please stop being a fool and get with the Messenger's program. The Messenger said, during the 1964 Laborers Meeting (available on CD for you to hear for your self),



Minister Levi Karim
PUBLISHER
MUHAMMAD SPEAKS
NEWSPAPER & WEBSITE

for his followers to strive hard against the hypocrites and disbelievers and to fight them with truth to prove his position. This we must continue to do with the help of Allah, Who came in the Person of Master Fard Muhammad, and we will be the winner.

Remember what The Messenger said, "that old snake in the grass is biting Muslims now".

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As Taught By Messenger Elijah Muhammad

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Words of Messenger Elijah Muhammad

Reprinted from *Our Saviour Has Arrived, Acknowledgment*



**“The Supreme Wisdom that I teach is
what Allah has taught me...**

**...No man on earth can teach you what I am teaching
you. I am charged with the delivery of the message...**

...If I have 40 million helpers, they are helping but

**They are NOT
responsible for
The message.**



**I AM THE ONLY ONE
God will hold responsible for you not getting the Truth.”**

Messenger Elijah Muhammad's Words-Reprinted From Our Saviour Has Arrived, Acknowledgment

Heaven's Gate is Closed

By Brother Ahmad Muhammad



Brother Ahmad Muhammad

In The Name of Allah, The Beneficent The Merciful, Who came In The Person of Master Fard Muhammad and raised from among us, our Leader, Teacher and Guide, The Most Honorable Elijah Muhammad. (May the peace and blessings of Allah be upon Him forever!)

As Salaam Alaikum!

CHICAGO, Illinois--The Messenger, The Most Honorable Elijah Muhammad (May the peace and blessings of Allah be upon Him forever) spent 44 of His 77 years warning us of the "Dreadful Days" to come.

He GAVE HIS LIFE so that the righteous among us may be saved, and He used a lot of "IF'S."

The main "if" was that we were to turn ourselves to Islam and SUBMIT to Allah (God) and follow the instructions of Allah's Messenger.

IT IS OBVIOUS THAT WE DID NOT DO THIS!

Integration is the style and talk of the land in the United States of America.

The black man can marry and go with the white woman without getting lynched. (hung by the neck or by the heels! Burned at the Post while being tortured! Skinned Alive, then burned! Cutting of the private parts and/or toes, fingers and other body parts! eyes gorged out! Foreign objects jammed into any open orifice of the suffering dying black man! decapitated (head cut off)! Boiled alive in hot scalding water or oil! Shot at methodically so that the black man would not die fast! Cutting out the tongue! Poisoned! Poison Animals such as snakes, lizards, spiders, or horned toads forced down the throats of the black male victims! Legs sawed off while the black man screamed and screamed! dragged behind a truck or car until all the skin and body parts were scraped off and

became part of the dirt or cement road! The forced swallowing of mixtures of feces, urine, and other caustic substances! Not to mention what is done to the Black woman, particularly to the Black Pregnant female.

All this was "watched as entertainment" by gleeful white males, females and their children. And now they have taught us to maim and murder ourselves. And this you wish to marry.

You might ask, "Why now, all this marrying of black men to white women and black women to white men? The former (black men to white women) is much greater than the latter (black women to white men). Does this mean that the black woman is smarter than the black man?"

We see and our noses are rubbed in "mixed marriages" and liaisons each and every day.

We see our so-called prominent male Negroes, for example, athletes, actors, politicians, preachers, etc. knocking the doors down to marry, been seen with, go with, live with, and father our centuries old open enemy, the white female!

When can you recall a black coach or black athlete shown on television, the internet or in person, that was not grinning from ear to ear while (Samantha, Heather or Heidi) his white female wife or companion was standing by grabbing his arm for dear life or holding a baby? The same for the "actors" and "entertainers." You would think they had died and

passed on to their perceived "heaven." All are INFLUENCING YOUR LIVES AND THE LIVES OF THE YOUTH!

As the Messenger would say many times, "What civilized, thinking people, would wish to marry and integrate with their SLAVE MASTER OR THEIR SLAVE MASTER'S CHILDREN, THE VERY ONES WHO PUT THEM IN THIS MISERABLE CONDITION IN THE FIRST PLACE?"

This present situation was planned long ago in advance by knowledgeable Caucasians knowing and seeing the end coming and realizing that the only way for them to remain, was to BE BORN AGAIN! Born again the same way they were created through a grafting process, back into the ORIGINAL MAN, THE BLACK MAN!

"The only way to make righteous people (Muslims) out of them was to graft them back into the black nation." From The Messenger's book, Message To The Blackman In America 1965 Chicago, Illinois Page 116.

The Messenger of Allah, The Most Honorable Elijah Muhammad (peace be upon him) said that Prophet Muhammad (peace be upon him) was told by the Imams, the Islamic Scientists of Mecca that He could NOT reform the devils (white race) and that THEY HAD ONLY 1400 MORE YEARS TO LIVE. From The Messenger's book, Message To The Blackman In America, Page 116.

"Say: Call on those whom you assert besides Him; they have no power to remove distress from you nor to change." The Holy Qur'an 17:56

"Today, the white race, The blacks' worst enemies, has planned to make A LAST TRY to destroy the black man by pretending to be their friends and allow intermarriage.

Many Americans (especially the Southerners) don't like the idea, but will finally be persuaded by their more learned men when they see NO OTHER WAY of MAKING A FINAL STROKE at the black man.

It will be short-lived FOR THE JUDGMENT WILL SIT, and the

agreement will be broken between black and whites AS IT IS WRITTEN." (Isaiah 29:17-18)

From The Messenger's book, Message To The Blackman In America, Page 107

This current method of re-grafting as now being attempted by the wise Caucasians through the ignorant black man is not going to happen says The Messenger. They would like to succeed through the ignorant black woman who the Messenger says, delights in having offspring of the devil but they cannot. Allah

has deemed THEIR DOOM AND THOSE BLACKS AND OTHERS WHO FOLLOW THE DEVIL!

"And to think, we want to marry these people who RESPECT DOGS BEFORE THEY RESPECT US!" "Our women have babies by more than one father and delight themselves in mating with the white men. It is a DISGRACE! This idea of marrying or going with the murderer of our own people IS CRAZY! IS THIS THE THINKING OF A SANE PEOPLE? THIS IS THE WORKINGS OF AN INSANE

Continued on page 8

TEACHINGS OF MESSENGER ELIJAH MUHAMMAD

"We must remember again the predictions of the Bible. It has foretold these times, if we understand the Bible. It most certainly teaches us that THERE IS NO PEACE FOR THE WICKED." "SO we are in a time when argument to the contrary of peace is like heaping fuel on a fire—it keeps it burning. We are living in an EVIL TIME!"

Muhammad Speaks Newspaper, July 9, 1971

"Few people recognize the fact that we are living IN THE DAY OF JUDGMENT OF THE WICKED. YOU WOULD LIKE TO IGNORE IT. WHY? It is because they LOVE THIS WICKED WORLD which the wicked have built. THEY DO NOT WANT TO DEPART FROM IT."

Our Saviour has Arrived: Page 209

"For the past four thousand (4,000) years and more Allah (God) Has already Given the prophecy through the mouth of His Prophets of the DOOM OF THE WICKED. Now is the time and WE CANNOT DO ANYTHING BUT TAKE IT, and it is dangerous to add fuel to an unwanted fire. THE FIRE IS THE WAR!"

"I say these things for the sake of my own Black people, for they ARE SO IGNORANT TO THE KNOWLEDGE OF THE TRUTH OF THE TIME IN WHICH WE ARE LIVING. What they would like to do cannot be done, FOR THE TIME TO EVEN CONTINUE TO DO WHAT YOU ARE DOING, IS UP."

Muhammad Speaks Newspaper, July 9, 1971

"Today is the day of decision. We have lived here more than 400 years. That, you know according to prophecy, is the prediction of our stay among these people. THAT TIME HAS EXPIRED. THE TIME IS UP.

The decision is being made for your departure and mine. It is most important to God Almighty, Whose proper name is Allah, that I speak to you according to the time that we are living in now.

Today you are standing face to face with the alternative of accepting your own or FOREVER BEING ERASED FROM THE EARTH AS A PEOPLE."

Message To The Blackman In America: Page 63

Teachings of The Holy Qur'an & Bible

Jesus answered and said unto him, "Verily, Verily, I say unto thee, Except a man be BORN AGAIN, he cannot see the Kingdom of God." Nicodemus saith unto him, "How can a man be born when he is old? Can he enter the second time into his mother's womb, and be born?"

Bible, King James Version, John 3: 3-4

"And again I say unto you, It is easier for a camel to go through THE EYE OF A NEEDLE, THAN FOR A RICH MAN TO ENTER THE KINGDOM OF GOD."

Bible, King James Version Matthew 19: 24

"Enter ye in at the STRAIT GATE: for WIDE is the gate, and BROAD is the way, that LEADETH TO DESTRUCTION, AND MANY THERE BE which go in thereat. Because STRAIT IS THE GATE, and NARROW is the way, which leadeth unto life, and FEW THERE BE THAT FIND IT."

Bible, King James Version Matthew 7: 13-14

"Therefore rejoice, ye heavens, and ye that dwell in them: Woe to the inhabitants of the earth and of the sea! For THE DEVIL is come down unto you, HAVING GREAT WRATH, because HE KNOWETH that HE HATH BUT A SHORT TIME."

Bible, King James Version Revelation 12: 12

"Behold, I will SEND YOU ELIJAH the prophet BEFORE THE COMING OF THE GREAT AND DREADFUL DAY OF THE LORD."

Bible, King James Version Malachi 4: 5.

"And thy Lord is Forgiving, Full of Mercy. Were He to punish them for what they earn, He would certainly hasten the chastisement for them. But for them there is AN APPOINTED TIME FROM WHICH THEY WILL FIND NO REFUGE."

The Holy Qur'an 18:58-59 Muhammad Ali translation.

"So make no haste against them. WE ONLY NUMBER OUT TO THEM A NUMBER (OF DAYS)."

The Holy Qur'an 19:84 Muhammad Ali translation.

"The day when We roll up heaven like the rolling up of the scroll of writings. As we began the first creation, We shall reproduce it. A promise (binding) on Us. WE SHALL BRING IT ABOUT."

The Holy Qur'an 21:104 Muhammad Ali translation.

"Nay, man desires to go on DOING EVIL IN FRONT OF HIM."
"Man will say on that day: Whither to flee? NO! THERE IS NO REFUGE!"
"Nay, man is EVIDENCE AGAINST HIMSELF."
"And (other) faces that day will be gloomy, knowing that a GREAT DISASTER will be MADE TO BEFALL THEM."
"And AFFLICTION IS COMBINED WITH AFFLICTION —
To thy Lord on that day is the driving."

The Holy Qur'an 75: 5-10-11-14-24-25-29-30 Muhammad Ali translation.

Heaven's Gate is Closed

Continued from page 6

PEOPLE!" The Messenger said , on Sept. 7, 1963, during an audio-taped broadcast, titled "The Ignorance of Black Leadership".

The devil Caucasian have so sorely ruined the Black man and Black woman PHYSICALLY! MENTALLY! SPIRITUALLY! and ECONOMICALLY!

So utterly have they DESTROYED, so severely have they DAMAGED THE BLACK PEOPLE!

They also, without prior thinking or wisdom, laid to waste the ONLY OPEN GATE THEY MIGHT HAVE HAD for future life, happiness and prosperity, with Allah's permission!

The Messenger stated, that because of their non-repentant, arrogant and savage behavior, mockery and abominable treatment of Black People in general, THE PERMISSION FROM THE LORD OF ALL THE WORLDS, WOULD NOT HAVE BEEN FORTHCOMING!

Have you noticed the fruit of the black womb within the past 20 years? Have you noticed that black men, like their white counterparts, must now rely on chemicals to have relations with females? What DANGERS do these products hold for all who use them? Listen and read sometimes to the MANY LIFE THREATENING RISKS that await you when you partake of the

devil's remedies, that the devil by their law must reveal to you. The devil has all but stopped reproducing any "normal" offspring and now relies heavily on fertility drugs and Petri Dish embryos, which brings many other unknown dangers, risks and sorrows. BUT a! you are NOT listening, reading or researching. You just go on, like The Messenger says of you, "Like sheep, bitin' grass."

Have you noticed the fierce increase in homosexuality being driven by ALL MEDIA, NIGHT AND DAY NON STOP, on commercials as well as regular programming and news? Have you noticed in your Public and Private schools, your children are learning "alternative life-styles"? The rotten fruit of an apple tree gone bad will continue to produce more rotten fruit until it dies. The farmer who stole the tree from another, did not care for what he had pilfered and the tree and all it's yield was not edible. Since the farmer had killed all his crops, the apple tree was his family's only source of food. They all perished! Banging on Heaven's Gate! Locking the barn door AFTER the horse is out!

"The white Christians are great deceivers. The Pope of Rome cannot bring peace to the Christian Church for he is not enjoying peace himself."

"FIRE FED WITH FUEL — leaving your own home and country you go to another man's home and country to make trouble for that people and then accuse

that people of being the trouble-maker. It is the attacker who is guilty of that which follows the attack."

"I say to you Black People, you can get away from that old misunderstanding of the time. You are not living in a time in which you may be expecting a settlement of the war that will give you what you have always been used to — sport and play and foolishness."

Messenger Elijah Muhammad warned us in an article he wrote in the Muhammad Speaks Newspaper Titled, The Fire Fed With Fuel July 9, 1971, "America is now under DIVINE PLAGUES. ONE WILL COME AFTER THE OTHER UNTIL SHE IS DESTROYED ALLAH HAS SAID IT"

In his book, Message To The Blackman In America, The Messenger said, "I warn you to SHUN the whites so you may be saved. The devil and ALL HIS FOLLOWERS WILL PERISH!"

Well, Brothers and Sisters you can see that The Messenger Of Allah worked tirelessly and diligently for 44 long years to help us function in what we are now living in. Despite all the lies, distortions and tricks of the devil and hisimps, most of us can clearly see, that Allah and His Messenger, The Most Honorable Elijah Muhammad (May the peace and blessings of Allah be upon Him forever) is truly The Winner! As Salaam Alaikum Brother Ahmad Muhammad

How To Survive a Heart Attack When Alone

Suddenly you start experiencing severe pain in your chest that starts to radiate out into your arm and up into your jaw.

You are only five miles from the hospital nearest your home. Unfortunately you don't know if you'll be able to make it that far. What do you do?

You have been trained in CPR, but the guy that conducted the course did not tell you how to perform it on yourself!!!

Since many people are alone when they suffer a heart attack, without help, the person whose

heart is beating improperly and who begins to feel faint, has only about 10 seconds left before losing conscious. What to do??

Answer: Do not panic, but start coughing repeatedly and very vigorously.

A deep breath should be taken before each cough, the cough must be deep and prolonged, as when producing sputum from deep inside the chest.

A breath and a cough must be repeated about every two seconds without let-up until help arrives, or until the heart is felt to be

beating normally again.

Deep breaths get oxygen into the lungs and coughing movements squeeze the heart and keep the blood circulating. The squeezing pressure on the heart also helps it regain normal rhythm. In this way, heart attack victims can get to a hospital.

Don't ever think that you are not prone to heart attack as you age is less than 25 or 30. Nowadays due to the change in life style, heart attack is found among people of all age groups. Tell as many people as possible about this. It could save their lives.

Heart Attack Statistics

1.5 million heart attacks occur in the United States each year with 500,000 deaths.

More than 233,000 women die annually from cardiovascular disease

Only 31% of women know that cardiovascular disease is the leading cause of death in the USA.

A heart attack occurs about every 20 seconds with a heart attack death about every minute Sudden death is more common among women with heart attack.

Women under the age of 50 had twice the mortality of men after having a heart attack. Variances likely reflect increased severity of the disease in younger women.

Almost 14 million Americans have a history of heart attack or angina.

About 50% of deaths occur within one hour of the heart attack —outside a hospital.

Chewing an uncoated aspirin right away, at the first sign of chest discomfort or distress, can reduce the amount of damage to the heart muscle during a heart attack.

Costs related to heart attack exceed 60 billion dollars per year. On the average, women take 2-4 hours longer than men to respond to symptoms of heart attack,

Eliminating pork from your diet cuts your risk of heart attack up to 75%

Where's "Blacktown"?

By
Brother Khalil Shabazz

DETROIT, Mich.—Isn't it strange that a city that is 81% black has a Greek town, a Mexican town and even had a China town that decided to move but, there's no African town? This past January Blacks from around the country celebrated with the Devils during the inauguration

the First handpicked "Black" President. You heard Blacks and Whites alike shouting "yes we can." But the slogan from our recent past (2004) shouted from white and minority groups in Detroit was a little bit different. It was more like "no we can't."

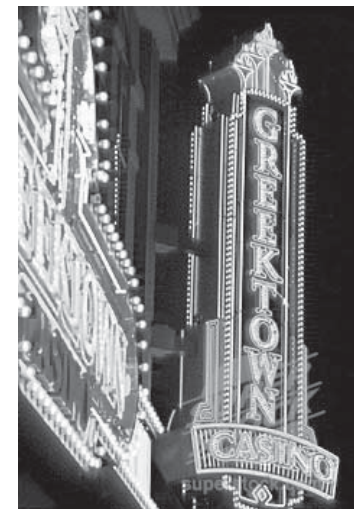
For those who don't know, in 2004 Dr Claud Anderson, author of the book "Powernomics" put together a strong economic development plan that was approved the Detroit City Council to de-



Pictured: Chinatown in Detroit: corner of Peterboro and Cass



Mexicantown (established in the 1920s) in Detroit: corner of Bagley and 24th Street



Greektown Detroit: corner of Lafayette and Beaubien

velop a Black financial district called "African town." The plan was simply to help the down trodden black man and woman which is no different from the reasoning behind the establishing of other ethnic towns in Detroit made for their people. A economic development plan such as "Africantown," in a

city like Detroit with such a large black population seems to be legit to people like you and me but as The Honorable Elijah Muhammad taught us "These are the two most hated things which the white man hates to have come to the Black Man — the freedom to DO something for Black self and the free-

dom to THINK for his Black self."

In an article written in 2004 by Lawrence W. Reed (a white man) entitled "Detroit's Flirtation with Economic Suicide" he writes "By a vote of 7-2 last September, the Council endorsed a paper titled "A Powernomics Economic Development Plan for Detroit's Under-served Majority Population." It spent a reported \$112,000 for the document, written by a former low-level apparatchik in the Carter administration." The writer of the document that he is referring to in this quote is Dr Claud Anderson. Mr. Reed refers to our Brother as a "low-level apparatchik" and according to the Thesaurus an "apparatchik" is a humorous but derogatory term for an official of a large organization." So in other words he belittles our Brother and in an around about, beat around the bush kind of way called our Brother a low level "Nigga", if you ask me! But that's not all! In the same article he goes on to talk about the outrage of other groups in the city. "Hispanic-Americans, Greek-Americans, and Arab-Americans turned out in force to protest, pointing out that [Detroit's] Mexicantown, Greektown, and Chaldean business were built on sweat equity, not handouts from government. They also wonder why blacks, who constitute more than 80 percent of the population, should feel the need for something called African Town."

came in the Person of Master Fard Muhammad! The other groups play a major role in exploiting the Black man here in America. Most of the businesses in the City of Detroit are owned by Hispanics, Arabs, Greeks (devils) and Chaldeans. So as the old saying goes "when you throw a rock in a crowd of dogs the dog that howls is the one that got hit. The rock in this instance is the Powernomics Economic Development Plan. These groups have a lot to lose if Detroit was successful in building Africantown so as Mr. Reed writes about the other groups "turned out in force to protest."

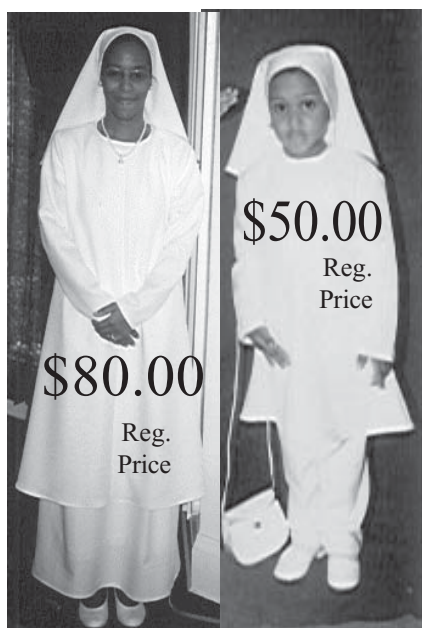
So my question to President Obama is what do you mean when you say "yes we can." What do you mean when you say "There is not a Black America and a White America and Latino America and Asian America; there's the United States of America." As Messenger Elijah Muhammad taught:

"We believe that the offer of integration is hypocritical and is made by those who are trying to deceive the black people into believing that their 400-year-old open enemies of freedom, justice and equality are, all of a sudden, their "friends". Furthermore, we believe that such deception is intended to prevent black people from realizing that the time in history has arrived for the separation from the whites of this nation. If the white people are truthful about their professed friendship toward the so-called Negro, they can prove it by dividing up America with their slaves. We do not believe that America will ever be able to furnish enough jobs for her own millions of unemployed in addition to jobs for the 20,000,000 black people."

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What Islam Has Done For Me

Explained Why So Many Messengers and Prophets

By Sister Ayesha Mohammed

FLINT, Mich.-- I am a Muslim, have been all my life. I was born to parents who considered themselves "Sunni". My parents converted to Islam in 1977 under Imam Warith Mohammed. I was born four years later.

Over the years, I have met quite

a few Muslims who mistakenly assumed that my parents and I were former followers of The Honorable Elijah Muhammad's teachings.

Growing up, I was taught that Prophet Mohammed Ibn Abdullah (may the peace and blessings of Allah be upon him) was the Last Messenger of Allah and the Holy Quran was all I needed to study in

order to be a good Muslim.

Last December (2008), I met a sister who said she was observing The Holy Month of Ramadan, and that she (being a follower of Messenger Elijah Muhammad's Teachings) did so EVERY YEAR IN DECEMBER.

At first, I thought that was the silliest thing I had ever heard. And

explained to her what I had been taught concerning Fasting in the Month of Ramadan. But when she quoted Holy Quran, 16:36, 22:67-69, 38:4, 32:3, and went on to explain, what Messenger Elijah Muhammad taught to the Black NATION of people, here in America, and why he prescribed the month of December for His followers, I was dumbfounded.

The sister told me to visit Muhammad Speaks Website (www.muhammadspeaks.com) to learn more about what Messenger Elijah Muhammad taught.

I have been visiting this website

since then and have come to realize that, while Prophet Mohammed Ibn Abdullah (p.b.u.h.) was the Last Prophet. He was not the Last Messenger.

I understand now, that while the Holy Quran is a book of truth, it is, simply, not enough to raise our (Black) people (Nation) in America from the condition we are in.

We needed a Messenger raised up from among our people, who understood our condition (spoke our language). I bear witness that Messenger Elijah Muhammad was, truly, The Messenger of Allah to Black people in America.

Taught Me How to Pray Properly

BY

Brother Khallid Malik Shabazz

DETROIT, Mich.--In the Name of Allah Who Came in The Person of Master Fard Muhammad, and Who raised up, from among you and I, The Honorable Elijah Muhammad, The Last and Greatest Messenger of Allah.

I greet you with the ancient words of peace, As-Salaam-Alaikum.

Brothers and sisters When I came into the Nation of Islam, I already knew that everyone has a purpose in life and that there is only



Pictured here, Brother Khallid Malik Shabazz, to the left, Brother Khallid demonstrates the Proper Position for prayer for the Black man and woman in America



one true living God Whose proper name is Allah. I was already praying everyday so there's no doubt in my mind who is saving me. But when I joined the Nation of Islam, I was taught how to Properly pray. Then the power and blessings of

Allah became truly indescribable.

The Teachings of Messenger Elijah Muhammad have shown me the love, unity and brotherhood that us so-called African-Americans truly need today. Now is really the time to choose a side: God (righteousness or doing what is right) or the devil (evil or doing what is wrong).

There is no in between! Just look around! The unveiling of the truth, is here now. So do some research. Study and compare Islam, which has been around for thousands of years or Christianity which has only been around for a few hundred years. Learn about yourself - your true history. You can't go wrong.

Though I walk through the valley of the shadow of death I will fear no evil for I know the Lord is with me. May Allah, Who Came

in the Person of Master Fard Muhammad, be with you from one of the newest members of the Nation of Islam. As-Salaam-Alaikum

"Some of us never pray at all, and if we do it's only when we get in trouble, then we are like a man sinking at sea."

--Messenger Elijah Muhammad
August 6, 1972

Gave my life meaning, purpose and direction

By Brother Deron X



Brother Deron X

KANSAS-- In the name of Allah, Who came in the person of Master Fard Muhammad, and His last and greatest Messenger, to the Black man and woman in the wilderness of North America, Elijah Muhammad, I greet you in peace; As-salaam-alaikum.

I am 22 years old. Although I have experienced many events and periods throughout my life that have made a substantial and wonderful impact on me, none of them have come close to the effects of what Islam, as taught by Messenger Elijah Muhammad, have produced.

Before I found Islam, I was a young, rambunctious male living my life without direction. I was partying, drinking, smoking, and

living an unfulfilled, mundane lifestyle.

Within one (1) year of applying the teachings of Islam, not only have I become smarter, healthier, more disciplined, and fearless. I am also learning to love myself and my people, while gaining insight into the future and destiny of this world.

Today, I have developed into a responsible young man. My life has been given meaning, purpose and direction. I constantly strive for perfection, and soon, I will be marrying my childhood friend. All praise is due to Allah, for my progression and for saving my life.

If you are reading this and have not joined onto your own kind (Black people) and your own religion (Islam, as taught by Messenger Elijah Muhammad), I urge you to do so before it is too late.

I can assure you, without a doubt, that there is nothing better for the Black man and woman in America, than Islam, as taught by the Honorable Elijah Muhammad.

If you are a believer of this truth, let us not hide what that we have. Let us get out and awaken as many of our people from the dead as we can, and save them from the fate of our enemy. As we are witnessing every moment, the divine judgment of this world is at hand.

I thank you and I love you.

As-salaam-alaikum.

What Islam Has Done For Me

Saved me from The Standard American Diet

By

Brother David Muhammad



Brother David Muhammad

CINCINNATI, Ohio—In the name of Allah who came in the person of Master Fard Muhammad We thank Him for raising in our midst a divine leader teacher and guide in The person of the Honorable Elijah Muhammad the Messenger of Allah (peace be upon him). As Salaam Alaikum Messenger Elijah Muhammad taught us that the food we eat can keep us here or take us away, and this is true. The Black man and woman of America have adopted the life destroying diet of their slave master. The American white man has given us nothing but slavery, suffering, and death, so what makes you think he would teach us the right way to eat? Americans are the biggest consumers of meat on the planet. We consume more meat than any other nation; therefore we have the worst health on the planet. Messenger Muhammad taught us that 90% of our ailments come from our diet, and this can be proven in no limit of time. The health problems that black people suffer from are because of the S.A.D. No meat is good for us. Messenger Muhammad teaches us that meat destroys our life, and THAT INCLUDES FISH. A plant based diet heals our bodies internally, and that internal healing shows externally. Your skin clears up, your energy increases, you're more cognizant, and you feel lighter. A plant based diet boosts your immune system so you can fight disease, while a meat based diet harms your immune system which causes sickness. One meal a day coupled with a plant based diet will prolong our life and give us good health. Eating one meal a day or every 24 hours gives your body time to get rid of the poisons

until the next meal; this is what Messenger Muhammad teaches us. The devil now has what he calls a calorie restrictive plant-based diet which he out right stole from Messenger Muhammad.

This just proves the devil studied, and still studies the teachings of The Honorable Elijah Muhammad. You can't get the life you need from death (animal carcass), but you can get life from eating fresh fruits and vegetables.

Fruits and vegetables are the natural food of the Blackman and red meat is the natural food of the white man the devil. The white man was the one in the hills and caves of Europe whacking animals up side the head and eating them raw for over 2000 years. That is not our history. That is the devil's history but now we copy him and his eating habits. Messenger Muhammad taught us the white man eats by taste and sight. Not by what's healthy, good to eat, and will prolong life.

This S.A.D. given to us by the white man has us ridden with diabetes, hypertension, cancer, stroke and heart disease. These diseases can be reversed by eating a plant based diet, and eating one meal a day. But we chose to go to the doctor and get pills that take care of the symptoms to some extent, but don't address the problem.

The devil is the master of commercialism, and he knows if he gives you pills to mask the symptoms you will keep buying the pills and keep up the same bad eating habits that gave you these diseases in the first place. Messenger Muhammad teaches us this American white man is wickedly wise. It is not too difficult to reverse these diseases we get. All we have to do is get on a plant based diet. This means no meat, not even fish.

Since following the dietary law of the honorable Elijah Muhammad, I have seen the benefits of the meatless diet he prescribed for us. I wore glasses for 16 years of my life and since adopting a meatless diet, as prescribed by the Honorable Elijah

Muhammad, I don't need to wear glasses any more. Also, I have to add, that juicing fresh carrots helped improve my vision tremendously.

At 31 years of age I had a collapsed artery. I was in intensive care for one week. The devil thought I wasn't going to make it, and neither did I. It was so bad that a stint was put into the damaged artery to open it up so that I could get proper blood flow.

Now, 5 years later, after being on a meatless diet and following

the Messenger's dietary law, my artery is back to 100% with no drugs! So I have personal experience with How to Eat to Live, as taught by the Honorable Elijah Muhammad.

Messenger Muhammad's teachings saved my life and they can save yours.

Holy Quran 3:49 referring to Messenger Muhammad says, "I heal the blind and the leprous, and bring the dead to life with Allah's permission; and I inform you of what you should eat and

what you should store in your houses..Surely there is a sign in this for you, if you are believers.

We should be ashamed of ourselves for having all these medical conditions when all we have to do is follow the teachings of the Honorable Elijah Muhammad.

The S.A.D. is death for us, and How to Eat to Live is life for us. How to Eat to Live books 1&2 will give you the keys to better health and life. I as well as others are living proof of that.

Messenger Warned Us There Would Be Little Pure Food on the Market

By

Brother Malik Muhammad

DETROIT, Mich.— In the Name of Allah Master Fard Muhammad, The True and The Living God to Whom all praises are due forever.

Brother and Sisters, the Most Honorable Elijah Muhammad warned us that the day was coming when there would be little pure food on the market for us to eat. Scientist's today are grafting our fruits and vegetables and are cloning the meat that we eat. As we look around today it is true as our Messenger told us. There is little pure food on the market today.

The devil scientists are experimenting on all of our food today. They are cloning animals for meat for us to eat and are using these cloned animals for milk for us to drink. On July 5th 1997 the most famous sheep was in modern history was born and named Dolly. Iam Wilmut and a group of Scottish scientists announced that they had successfully cloned a Sheep, the major difference they said between Dolly and any other sheep was that Dolly began as a cell, and the process of sperm was eliminated.

Today more than a decade later, scientist claim that cloning remains in it's infancy. They say, though this process has

improved, it still has a slim success rate of 1 to 4 percent . Dolly is not the only animal cloned, they have cloned other animals including mice, horses, cats, sheep, pigs ,dogs, cows and lizards. In 2006 their scientists cloned the first primate embryos of a rhesus monkey.

According to The Embryology Department of Genetics and Biotechnology, it has become theoretically possible, through a process they call Somatic Cell Nuclear Transfer Technique, to produce an unlimited number of Genetic Replicates from adult animals

Think, Brothers and Sisters! They admit that most of the resulting animals of these clonings are unfit, but do you think they will throw them away. They will surely put them on the market for sale, sick or well.

The most Honorable Elijah Muhammad has told us that we need land of our own so that we can do something for self If we don't follow his advice and grow our own food and animals, then we are going to be forced to eat this experimental food and drink that the devil has prepared for us.

In 2008 the Food and Drug Administration, who is supposed to be the protector of what is good for us to eat, has



Brother Malik Muhammad

already officially deemed that cloned meat and milk is good for us to eat. Not only that, but they have deemed the same thing about their offspring. And while they are cloning what is to stop them from intermingling the different meats, we may be eating a mixture of beef and pork, or hog and sheep, and they are not required to label this meat as cloned. This type of meat may already be on the grocery shelves.

The Messenger of Allah taught us to eat the best of foods, but one thing we should remember is that we can produce our own foods Good whole beans, and good whole milk and butter is fine for us, (words of messenger Elijah Muhammad) Thank you for reading this article. Brother Malik Muhammad.

**EAT TO LIVE!
NOT TO DIE!**

Messenger Elijah Muhammad's Teachings

HOW TO EAT TO LIVE

www.muhammadspeaks.com

Do Not Eat Scavengers

Reprinted from *How To Eat To Live, Book Two, Chapter 21*

By Messenger Elijah Muhammad

Eat the best food you can obtain. Never deprive yourself of good health, at the price of cheap food. Just remember, when you are feeding your stomach with cheap, poison foods trying to keep a dollar in your pocket, you are not saving a dollar in your pocket.

IT WILL only go to the hospital, the undertaker, and for the ever increasing drain on the families' savings in purchasing drug pacifications for the ill body from eating the wrong food.

There is not one of you who would not like to live a long, long time. That long time depends on what you eat and drink. So, eat and drink that which is good.

Go to the farm and try raising your own food, or

have collective farming. However, try seeking some of this earth that you can call your own; and, raise on it the necessities of life.

And, in this way, you may be able — if you can keep your lurking enemy from slipping poison into your good and innocent crops — to grow pure food. We cannot blame the white man for his evils, because by nature he was made like that. But, we can blame ourselves for accepting such evil.

I have received many questions in regard to meat, fish, and poultry that have not been mentioned. The main thing Allah, as well as the Holy Qur-an, reminds us of is that when it comes to meat and fish, Allah forbids us to eat the flesh of a swine and a

fish weighing over 50 pounds (or even weighing 50 pounds).

SOME PEOPLE will not even eat fish at all. There are many fish that we can eat; some even weighing as little as one or one and a half pounds.

When eating fish, we should confine our fish-eating to those fish weighing between one and ten pounds. As I previously said on "HOW TO EAT TO LIVE," do not eat the scavengers of the sea such as oysters, crabs, clams, snails, shrimps, eels, and catfish.

The fish last mentioned (catfish) is a very filthy fish. He loves filth and is the pig of the water. Some people write in complaining about the fish that swim on their sides, but these fish can be eaten.

ALLAH HAS Taught me that chicken is not good to eat. They are quite filthy (in-as-much as they do not eat the cleanest of food), but we eat them.

We eat beef and lamb; but Allah also said that it is not so good for us. It is not a sin for us to eat it. It is not a sin for us to eat camels. But if we can find better food, we should not eat the above mentioned food. Many write and ask if they should eat meat at all. It is not a sin for you to eat meat, but it is a sin for you to eat the hog-meat.

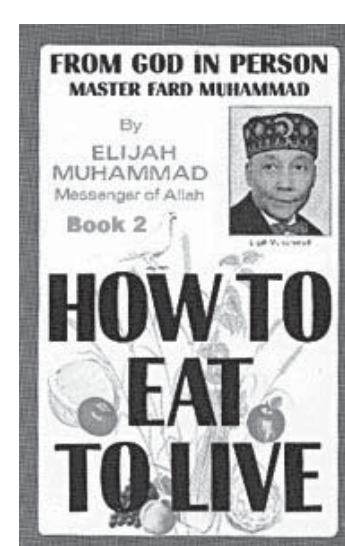
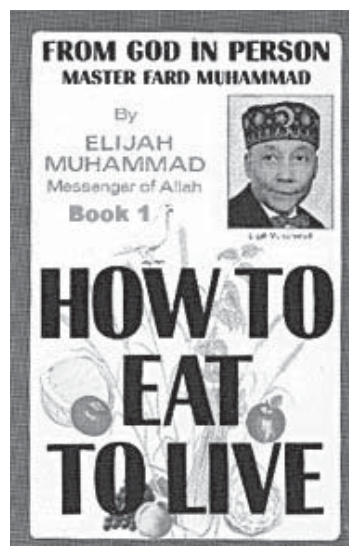
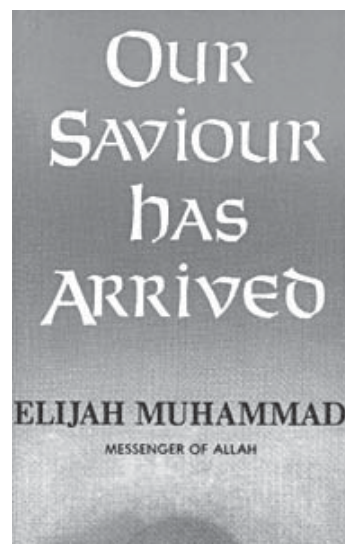
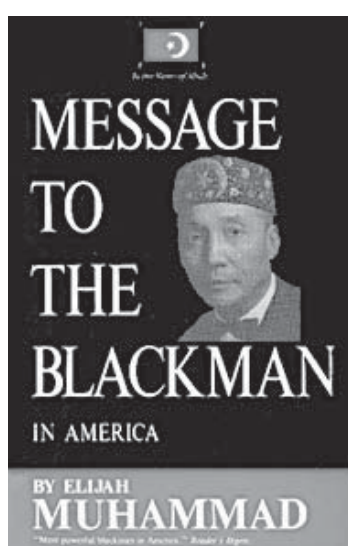
If we want to prolong our lives, it is best that we do not eat meat or do not eat it so often. Beef is very coarse and many of our people do not eat it because of that. Horsemeat can also be eaten. It is cleaner than the average meat. But we should not eat it unless we are



Honorable Elijah Muhammad
MESSENGER OF ALLAH

extremely hungry and have nothing else to eat because it is a domestic animal and is gentle and close to the home.

IT IS NOT A sin to eat even, rabbit. But since Allah said that the rabbit is so near kind to the house cat that they are relatives, we do not eat it. The rabbit, however, is cleaner than the house cat because he eats vegetables, roots, and herbs and he does not eat anything alive.



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Doctor's now agree with Messenger Elijah Muhammad! Sweet Potatoes should not be eaten



‘Sweet potatoes were never good for any human to eat. They are good for hogs, but not for you.’

—Words of Messenger Elijah Muhammad
HOW TO EAT TO LIVE, BOOK 1, Chapter 2

Mislead by the devil’s (white man’s) advertising campaigns about how Vitamin A (a.k.a. beta-carotene) prevents cancer and heart disease and the fact that sweet potatoes contain more Vitamin A than any other “food”, many people consider sweet potatoes to be a very healthy food. But that is a lie!

The World Health Organization (WHO) and the Center for Disease Control (CDC) warns that too much Vitamin A is toxic (POISONOUS) and that pregnant women should not eat Sweet Potatoes at all.

Nutritionists and obstetricians warn that excessive intake of vitamin A during pregnancy may be linked to birth defects and malformations.

Studies cited by WHO indicate that habitual consumption of 10,000 IU or more of vitamin A can become acutely toxic to a fetus, causing birth defects, miscarriage, stillbirth, and congenital liver failure. A single, large sweet potato contains nearly four times this amount.

Recent studies, however, suggest that excessive vitamin A intake is associated with an increased risk of fracture.

A study published in the New England Journal of Medicine followed 2322 men in Sweden for 30 years. Researchers found that the fracture risk was greatest in men

with the highest blood levels of retinol, one of the most active forms of vitamin A.

Another study found similar results. The Nurses Health Study looked at 72,337 postmenopausal women over an 18 year period and found that women who consumed at least 3000 mcg a day as retinol equivalents were 48% more likely to have a hip fracture compared to women whose daily intake was less than 1250 mcg (4125 IU) per

Best source of Vitamin A for humans is carrots

day.

A person with chronic vitamin A toxicity, may experience (among other things): Anorexia, Hair loss, Dryness of mucus membranes, Fissures of the lips, Pruritus, Fever, Headache, Insomnia, Fatigue, Irritability, Bone fracture, Anemia, Bone and joint pains, Diarrhea, Menstrual abnormalities, Muscle and bone tenderness, especially arms and legs, Alopecia, Brittle nails, Liver cirrhosis and Edema.

Vitamin A is needed for vision, growth, reproduction, cell growth and differentiation, and a healthy

immune system.

Beta carotene, is converted to vitamin A in the human body.

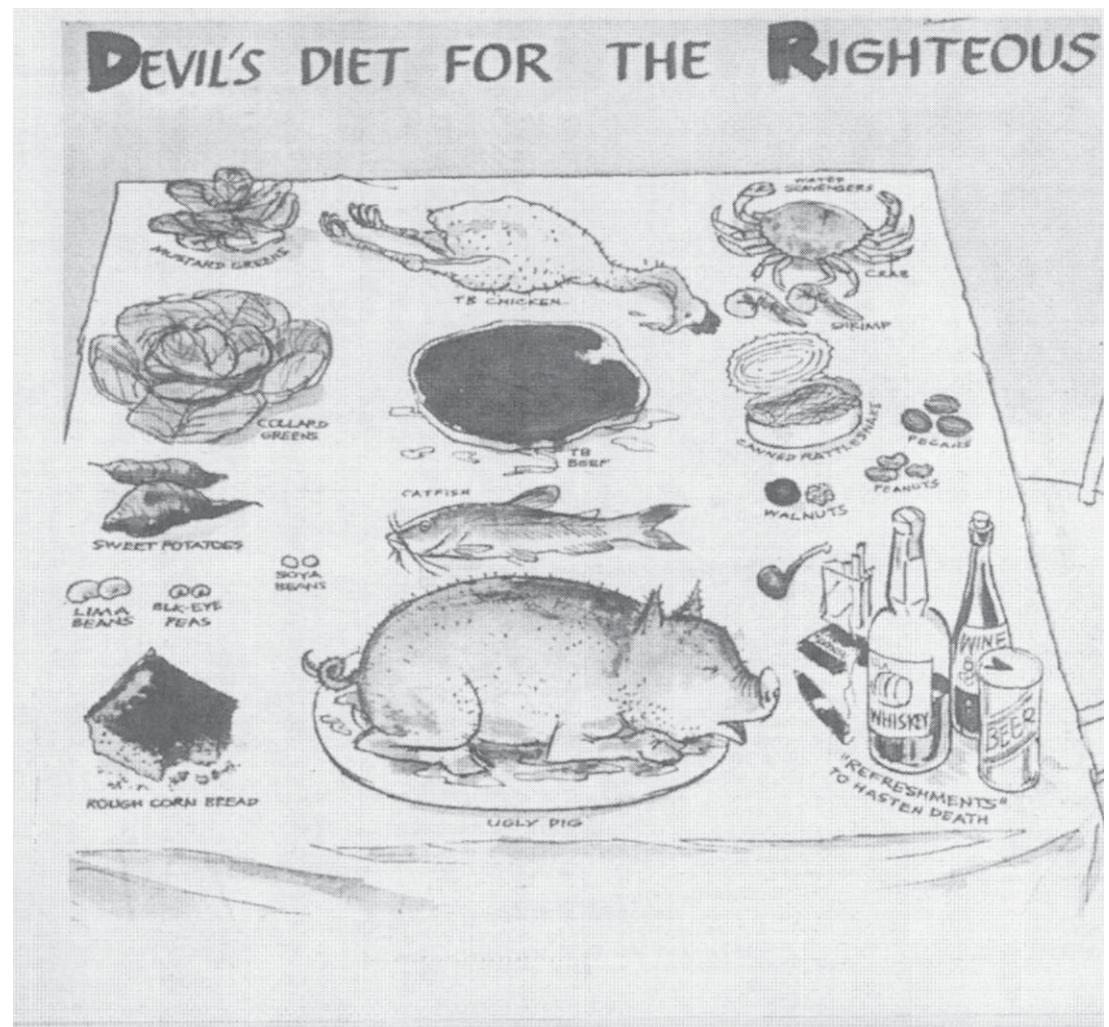
The way that the carotene is converted to Vitamin A depends on the kind of food that the carotene is found in. Different forms are con-

verted differently.

Since vitamin A is a fat-soluble nutrient, excessive amounts of it are not readily flushed out by the kidneys, and instead is collected and stored and accumulated in the

fat cells.

The best source of Vitamin A for humans is carrots. The body converts this form of carotene into vitamin A as it is needed, therefore high levels of carotene from carrots is not toxic.



The Troub

By Messenger Elijah Muhammad

Reprinted by popular request from the September 24, 1971 Edition of Muhammad Speaks Newspaper

WE USED to read of these times in Bible prophecy. Now, we are living in the time---the time of confusion of the best minds of the world.

THE world has had 'the wars and rumors of war ' ---- now, they take a pause for the final launching of war and battle against each other. THE WORST of this TIME is ---- the condition of the people is not going to change until a new ruler has taken over, for the people to rule the people, in and under a rule according to FREEDOM, JUSTICE AND EQUALITY.

AMERICA is meeting the worst of the brunt of this whole entire cruelty and confusion of the time. The fact about it --- we have a New God. The God that we have, Present now, is not the god of Yakub who made this world to oppose, fight and war against the Original Rule. This Original Rule has not been in effect enough to remove the people out from under this people (white race). The white race ruled the Original Black Man

according to the nature in which the white race was made to rule the Original Black Man, for a limited time.

THE Original Man --- the Black Man --- had to cease his rule in order to allow the new overseer (white race) to come in . The white man was made to be a god over the Black Man for a limited time. Some of the writers of scripture use symbolic language such as 'the wicked husbandman' or the 'wicked overseer'.

TODAY, the time of the overworks of this world is ceasing to be and this is causing the war between the two factors, the two Gods (the God of Righteousness

and the god of evil) The white race has no more time to rule the Black Man. The white man's time to rule, is up.

A M E R I C A long has known

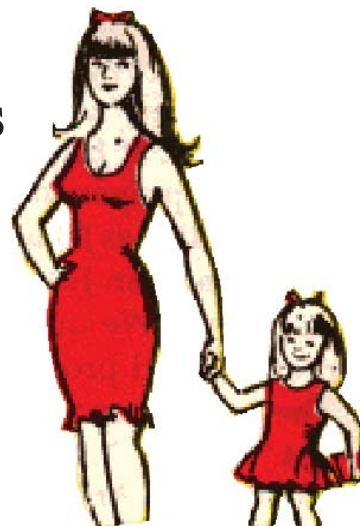
that she would be the first to be Divinely Attacked because of her holding of the Black Slave. America has not released the Black slave; She has tried to hold the Black Slave forever.

NOW there is enmity between the two, the Black Slave and his white slave-master, and they cannot agree with each other.

AS DANIEL prophesied, Allah (God) Will Bring in a Kingdom of rule that Allah (God) Will Not Let out to others to build and to rule. Allah (God) Will Be the Boss Himself (if you will allow me to use that common phrase of English).

IT is written that 'two (2) gods

The Shyless



The Filth That Pr

Holy Quran (7:27) O children of Adam expelled your parents from the garden, might show them their shame. He surely you see them not. Surely We have made

This happened to the Black People who their Original Self, the clothes of Right and then made them to go nude in the h Moses.

bled Times

cannot rule at the same time.' This we know, especially, when they both have different ideas.

THE TROUBLED TIME ---- the great trouble that we are now witnessing is dissatisfaction in prison houses. Most certainly this was to come, and it is come. It is now going on.

CERTAINLY, I am a once-prisoner myself and I am sure that I cannot say that we always had good food. At that time when I was a prisoner we suffered by fasting and by trying to get away from eating the real flesh of the pig, although all of our food was poisoned by that animal because all of the food was cooked in the same utensils that had contained the pig. Sometimes the food was cooked

with the flesh of that animal.

OF COURSE, the Holy Quran bears witness that when we are in prison we have no authority over the food, there. If we get better food it is due to the better heart of the Warden and the prison cook.

IN wicked places like the prison houses, sometimes the wicked cook will not carry out the orders of the Warden. The prison-cook may deliberately put poison animal (pig) in the food just to see if you can tell the difference. They do this just for sport.

While we were in prison, we caught the prison cook treating us like this time and again. The God Punishes those who do these things willfully against the helpless prisoners who are members of the righteous.

ALL of these things bring on dissatisfaction between the two, the Black Man and the white man. This dissatisfaction continues until it exceeds the limit and it has come to



The Honorable Elijah Muhammad
ALLAH'S LAST AND GREATEST MESSENGER

the bursting point.

RESPECT has never come to us, from the white slave-master's children. The white man only respects those who do what pleases him. If we please the white man then we are displeasing the God of Our Salvation, Allah.

IF we pleased the white man, it would mean that we are his servants. We cannot please two masters at the same time.

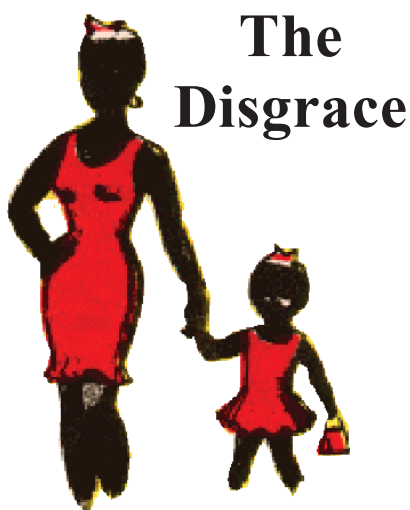
SO, the rioting that is now going on is spreading near and far, because as the Bible, in the Revela-

Continued on Page 17

roduces The Filth

...let not the arch deceiver seduce you, as he pulling off from them their clothing that he y sees you, he as well as his hosts, from whence the devils to be friends of those who believe not.

...followed Yakub from Arabia. He pulled off, from ousness and the clothes to cover their shame; hills and cavesides of Europe, until the birth of



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The Day of Decision

By

Minister Khalil Rahman Muhammad

PHILADELPHIA, Penn.--In The Name of Allah, who came in the person of Master Fard Muhammad, to whom all praise is due forever and in the name of His last and greatest messenger The Most Honorable Elijah Muhammad.

I greet you all, Brothers and Sisters, in our Nations greeting words of peace and paradise, As salaam alaikum.

Giving praise and thanks to Almighty God, Allah.. We thank Him for coming 9,000 miles from the root of civilization to this poor part of the planet earth to save one lost found, the beloved Honorable Elijah Muhammad.

I am Minister Khalil Rahman Muhammad, formerly known as Bro. Minister Kyle Muhammad. I

taught us that, "The Announcement is the truth. It is asking us to decide on whether or not we are going to accept the truth or remain in falsehood. It is called, The Day of Decision. Decide this day which God you shall serve-The God of freedom, justice and equality or the same old wicked god whose rule Allah (God) is here to bring an end to."

The Honorable Elijah Muhammad taught us that, "to wait for the truth to be fulfilled means that we will suffer the consequences of the truth- for not accepting the truth."

The Messenger goes on to say, "The Day of Decision only means the resurrection and judgement of the present world."

The Bible and the Holy Quran taught us of the day when the an-



Minister Khalil R. Muhammad

and his Messenger.

Let us flee to Allah and His Messenger! Those of you who pretend to follow Messenger Muhammad, but lie, cheat, steal and rob the people of God, while using The Messenger's Holy name to shield

'Surely the day of Decision is appointed- The day when the trumpet is blown, so you come forth in hosts, And the heaven is opened so it becomes as doors, And the mountains are moved off, so they remain a semblance. Surely hell lies in wait, A resort for the inordinate, Living therein for long years, They taste not therein coolness nor drink, But boiling and intensely cold water, Requital corresponding, Surely they feared not the reckoning, And rejected Our messages, giving the lie (thereto), And We have recorded in a book, So taste for We shall add to you naught but chastisement.'

--Holy Qur'an Chapter 78, Verses 17-30

served as Assistant Minister to Minister Jeremiah Shabazz of Philadelphia's Muhammad Temple # 12.

At present, myself and several other wonderful faithful believers are working, here in Philadelphia, to make our word our bond and help the Messenger of Allah get all of his people.

I have chosen for my text the chapter from the Holy Quran titled Al-Naba, The Announcement.

This chapter was revealed in MAKKAH, SECTION 1, and is called, The Day of Decision.

From the great book THE FALL OF AMERICA, chapter 59, The Honorable Elijah Muhammad

gels come in the clouds of heaven. They will not come to do any kind of preaching or teaching. Nor will they come to give us anymore knowledge or instructions.

Messenger Elijah Muhammad taught us they will be coming to execute judgement on those who had a chance to submit and believe in Allah and His Messenger, but did not.

We, the black people of the earth, have had the benefit of having the history of man and mankind and all the nations on earth.

We have both Bible and Holy Quran. We have studied the history of nations that have been destroyed because of their disbelief in Allah

your dirty religion, I say unto you, this day, repent of your transgression and sins against the people and ask Allah, Master Fard Muhammad, for forgiveness.

I FEEL SORRY FOR YOUR FAMILIES AND FRIENDS, if you don't.

The Bible teaches us that the sins of the father shall fall to the children. Repent and save your wicked souls.

This will be the first of several text on this topic, The Day of Decision.

I truly thank you for reading this article.

May Allah bless you, as I greet you in peace, As salaam alaikum.

The Troubled Times

Continued from page 14

tions of John, teaches us, it is the time of the dead. It is time for the dead to rise up and exercise the Freedom that was Divinely Given to the Black Man in the very beginning of the Creation of the Black Man.

FREEDOM and UNITY were Given to the Original Black Man in the Beginning, as we see Freedom and Unity displayed among the Muslims, the Original Black People in America, who were once divided against each other and now they are meeting each other with a different greeting which means Unity and Brotherly Love.

UNITY of the Black Man in America has never been displayed in the public or in secret before the Coming of Almighty God Allah, Our Saviour, Who Is Come for the Purpose of Separating us from our enemies and Uniting us again onto self and kind. This is the Good Thing of our God and our True Religion of PEACE, LOVE, FREEDOM, JUSTICE and EQUALITY.

It is bringing on THE TROUBLED TIME with the enemy because such righteousness displayed and practiced among the Black Slaves in America. This has gotten the white slave-master's children upset to the degree of murdering his father's once servitude Black slave. This shows again that the white slave master's children are like unto their father, against the Black Man.

THERE are many prisons in America where our Black People are suffering under relentless, merciless devils. By nature the Black Man and the white man cannot be made to love each other. The Black Man and the white man are made of different natures and this difference

in their nature produces this TIME that we now must suffer.

A TIME that man has never witnessed before. A TIME in which on one can bring peace - until the peace - breaker has been moved out of the chair of authority. The TIME in which every display of evil and filth is made public and bare. The little children behave strangely.

A TIME when people do not even have time to think of what to do in order to better the time. This is a TIME when there is nothing to do but call upon the God of Righteousness and flee to the God of Righteousness for refuge.

ALL of this dissatisfaction and all of these clashes going on in the streets, in the homes and in the cities and towns all over America are warning us that THE WORST IS YET TO COME.

IN this TIME there is a change in the way of the people's thinking. The people do not think like they did yesterday. Each day brings in a new way of thinking and a new way of following that thinking or idea with action that produces trouble.

THE God Is Angry with the wicked world, and the wicked world is angry with the God of the World of Righteousness.

THE TROUBLED TIME. Robbery is rampant and the destruction of wealth and the destruction of lives is the order of the day,

THE TROUBLED TIME. AS ISAIAH, (Bible) says in his prophecies, 'there is on one to plea for Justice.. no one seeks to help bring about Justice and Equality. The truth is stamped upon in the street and Justice and Equity stand afar off.' THE TROUBLE TIME.

--ELIJAH MUHAMMAD, MESSENGER OF ALLAH TO YOU ALL

Knowledge The World Has Not Realized

By
Minister Kemani Wadud

WASHINGTON D.C.--As-salaam-alaikum. I bear witness there is no God but Allah who came in the person of Master Fard Muhammad and the Most Honorable Elijah Muhammad is his last and greatest messenger. The messenger writes in Message to the Blackman and the Holy Quran teaches, that the only thing that is unforgivable is if you will not accept Allah as God and not accept His Messenger as His Messenger. These two things are one. We say, the belief in Allah is the belief in the Messenger or the Prophet of Allah.

There was a man constantly teaching his people to clean up themselves, to clean up their neighborhoods, to be clean, decent, and respectful; not to drink alcohol, not to eat the forbidden flesh of swine, not to gamble, not to smoke cigarettes, not to use dope. This same man would teach who God is and back it up with scripture in the Old Testament (The Torah), the New Testament (The Gospel) and the Holy Quran. This same man would continue to teach his people knowledge (from The Scriptures)

of the devil whose characteristics includes deceiving, dividing, conquering, killing, stealing and destroying. This man would make the truth so simple and clear that a fool could easily understand it was the truth. This man with this simple truth was the last Messenger of Allah, the Most Honorable Elijah Muhammad. He left us a book, *Message to the Blackman in America*, which in the back gives an excellent guide to understanding the Holy Quran and the Bible.

The belief in the Messenger or the Prophet of Allah is a belief in Allah, if you disbelieve in one you disbelieve in both. You cannot believe in one and disbelieve in the other. This is the knowledge the world has not realized, and this is what God wants the world to know. God chooses His representative for the people, He speaks to the people through that representative, and if the people will accept that representative (we call them prophets, apostles or messengers), then they are accepting Allah.

The Most Honorable and humble Elijah Muhammad went through the same as all the past prophets, apostles or messengers



Minister Kemani Wadud

such as Abraham, Noah, Moses, Jesus, Prophet Muhammad whom all were rejected. But it did not matter to them because all they wanted to do was the get the message of Allah (God) to the people and it was up to the people to accept or reject.

But if they reject him and still say they believe in Allah, they are considered enemies of Allah and disbelievers. Because that is Allah in that representative and you cannot accept one without accepting the other. You have got to accept both. As-salaam-alaikum.

HOTEL KEY CARDS

Submitted by Brother Babatunde Abdullah

Most of us never even think about key cards containing anything other than an access code for the room. But that little magnetic key card we use to unlock our hotel and motel rooms, and leave at the counter at the end of our stay contains much more.

Each card contains Your name, your home address, your hotel room number, you check in and check out dates and your credit card number and expiration date!

When you turn them in to the front desk your personal information is there for any employee to access by simply scanning the card in the hotel scanner.

Hotels do not erase the information on these cards until an employee reissues the card to the next hotel guest. At that time, the new guest's information is electronically 'overwritten' on the card and the previous guest's information is erased in the overwriting process. An employee can take a hand full of cards home and using a scanning device, access the information onto a laptop computer and go shopping at your expense.

But until the card is rewritten for the next guest, it usually is kept in a drawer at the front desk with YOUR INFORMATION ON IT!

The bottom line is: Keep the cards, take them home with you, or destroy them. NEVER leave them behind in the room or room wastebasket, and NEVER turn them into the front desk when you check out of a room. They are not supposed to charge you for the card.

Some employees may insist that you leave the card at the front desk claiming it's "hotel policy". If you feel you must leave the card, at the end of your stay, use a small magnet and pass it across the magnetic strip several times to erases everything on the card yourself. Try it in the door. If it will not work then you know you the card was erased.

If you take the card with you, do not toss it in an airport trash basket. Take it home and destroy it by cutting it up, especially through the electronic information strip!

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Government Bails Out Pork Industry with "pork is safe" Propaganda

Continued from page 3

warned us in his book How To Eat To Live that, "the doctor falls victim of the same sickness and the same diseases as his patients and his span of life is the same as his patients..."

The Messenger said, "IF THE MEDICAL DOCTORS and the theologian teachers and scientists of chemicals, are indulging and are not successful expanding their own lives in what they are offering to us to eat and drink, then why should we follow their way of life?" He goes on to say, "DO YOU THINK the old patriots who lived 500, 600, 700, 800, 900 and nearly 1,000 years ate such filth? What do you think they ate? They did not eat your pig. They did not gobble down all kinds of meats and other foods three times a day. Some of them did not eat but one or two times a whole week. How do you think the people on Mars lived? "I do not know," you will say. And, they lived twelve

hundred of our earth years. The Bible teaches us, and it is supposed to be from Jesus, that when God Comes, He comes to bring you life and take away death and give you more of abundance, plenty. He cannot do it without regulating our eating habits. So, this is the way to live a long time."

"WHAT WE EAT, AS GOD Taught me, keeps us here; and what we eat, takes us away. So, figure on what you will send down your throat, whether it will be something to keep you here or something to take you away."

"The fact that fasting is the cure for 90 percent of our ills is known by the medical scientists. But, they do not teach you that. They know that tobacco, hard whiskey and alcohol are not good for you and will shorten your life and kill you."

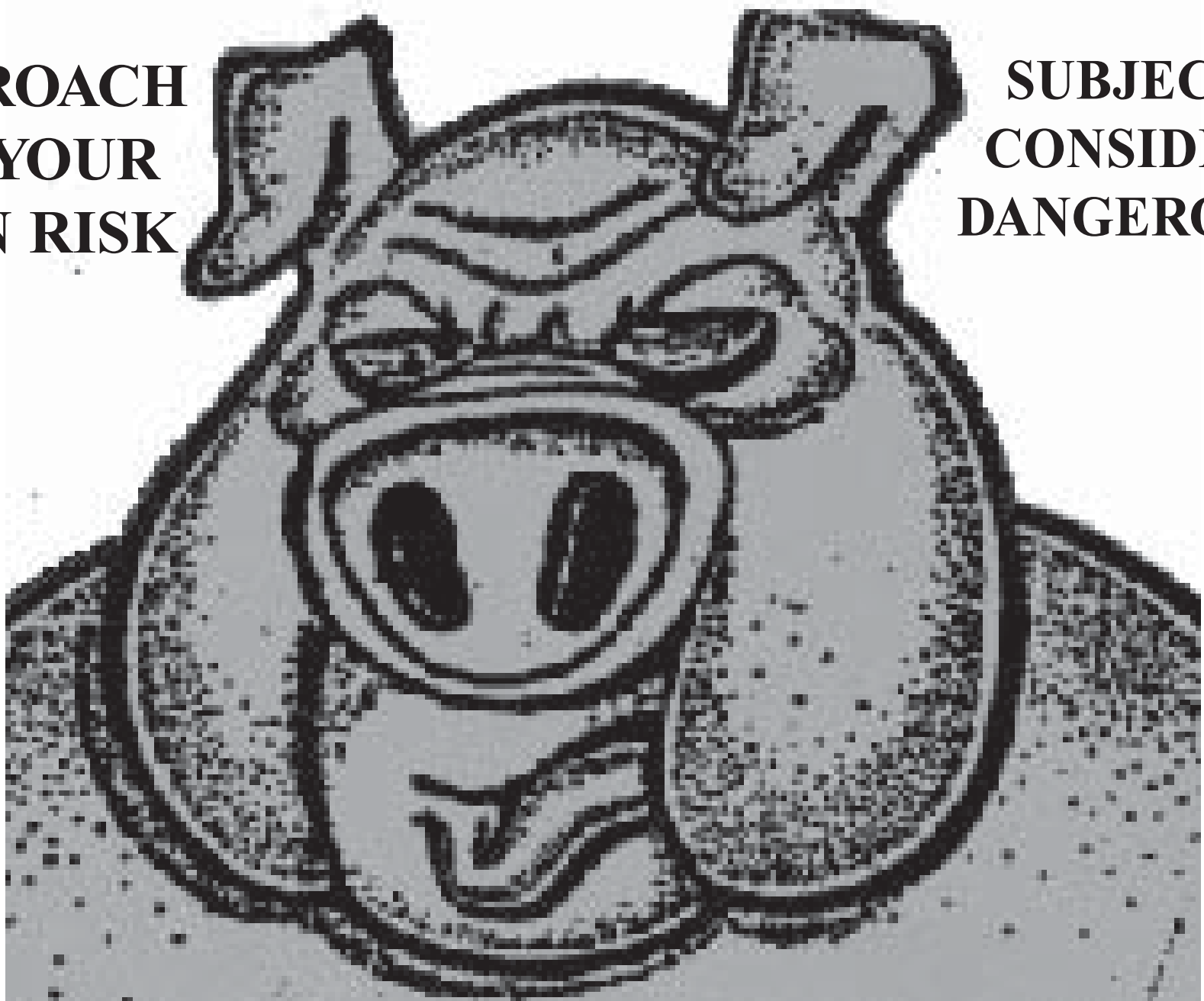
The Messenger wrote, "Did you know that if you would stop eating pig and the food that you should

Continued on page 21

WANTED FOR MURDER “MR” HOG

**APPROACH
AT YOUR
OWN RISK**

**SUBJECT
CONSIDER
DANGEROUS**



Known Aliases: Pork, Swine, Hog, Pig, Lard, Animal fat, Animal shortening, Gelatin, Hydrolized animal protein/protein, Collagen, Enzymes, Tallow, Emulsifiers, Stabilizers (Mono and Di-glycerides), Tween, Swine pepsin, Calcium stearate, Poly-sorbates, Monostearates, Fatty acids.

BUILD BLACK ECONOMY

By Messenger Elijah Muhammad

Reprinted from the February 28, 1969 Edition of Muhammad Speaks Newspaper

BLACK ECONOMY is one of the first steps that is necessary for the BLACK MAN to take; from economy in his home to farms and factories.

WE BOAST that we are free. To boast of FREEDOM OF SELF, means that you are one who is responsible for your economic condition.

A PEOPLE dependent upon another people to take your responsibility, means that you are putting yourself in the position to be a SUBJECT PEOPLE, to another people, who are free. IF

WE LOOK FORWARD to out slave-masters to teach us economy, it may prove a failure in the end, unless they are friends of ours, instead of our open enemies.

THE WHITE AMERICANS have proved themselves to be our open enemies. If we watch them in order to learn their way of economy, we will become a most extravagant people.

AMERICA, who has become the most wealthy people on the face of the earth, is also one of the most extravagant and wasteful people, on the earth.

SO, WE THE BLACK PEOPLE, the once-slaves and now a SUBJECT PEOPLE should not try to adopt the economic ways of a people who cannot truthfully say that they practice economy, among themselves.

THEREFORE, America produces a slave who is also extravagant, with what little he gets. He has his eyes and mind set upon obtaining aid from his extravagant master. He hopes to be, in time, just like his master.

Since he has never had any other master or guide than his slave-

master, he imitates his slave-master.

HIS SLAVE - MASTER keeps him down by not caring to teach him economy. As long as the once-slave tries to practice to be the equal of his master, before he ever learns and practices SELF-ECONOMY, the slave-master will always keep him in want, because of such extravagant ideas.

CERTAINLY WE WANT WEALTH. We cannot enjoy life without wealth, but we should economize that wealth until we are equal with other nations in the way of economics.

LIVING UNDER, and TAKING AS AN EXAMPLE, one of the most rich and powerful

governments on earth, should give us a good lead toward self, in the way of wealth. With this wealth economized, the slave should emerge very powerful, for himself.

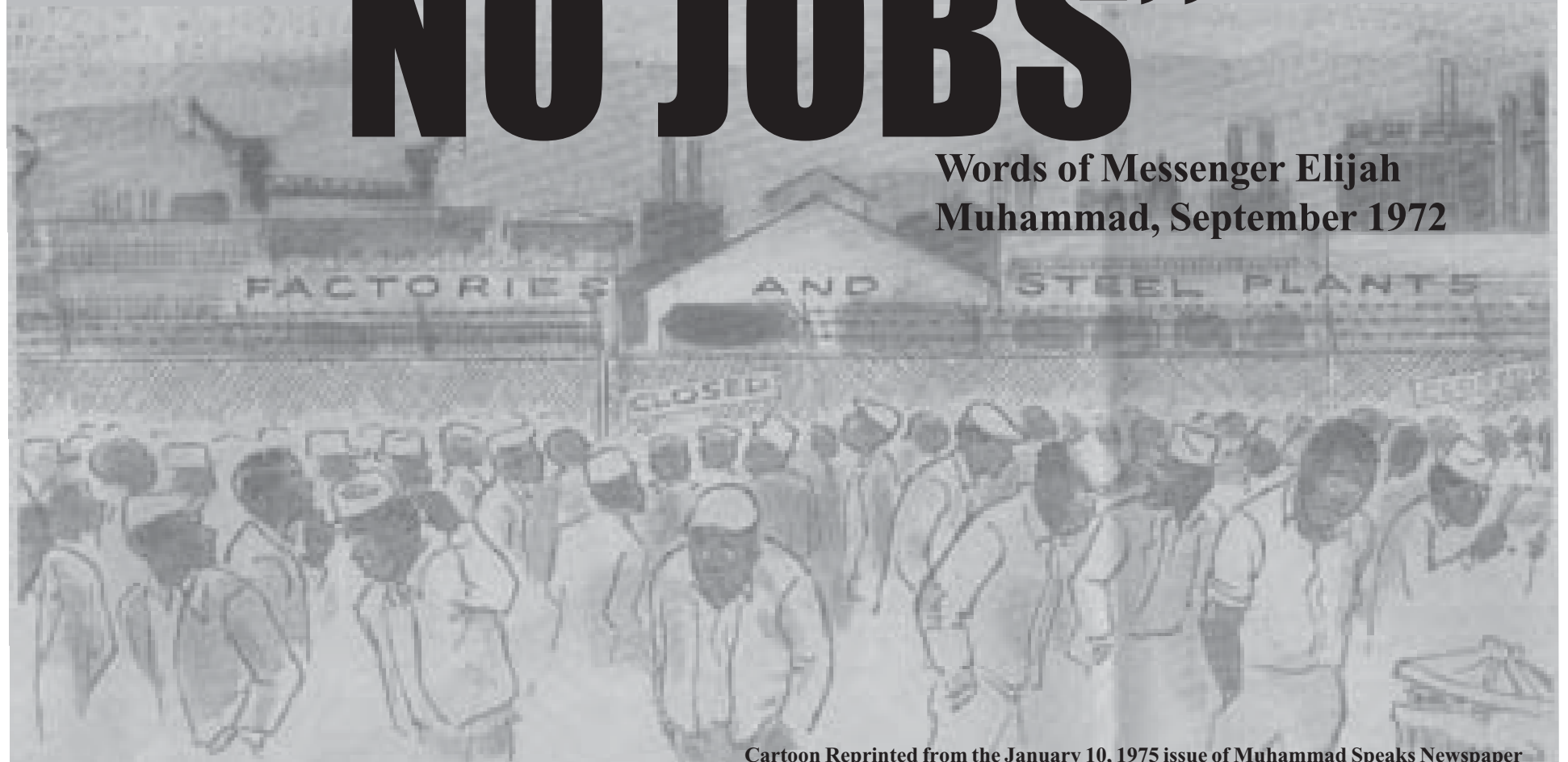
WHITE AMERICANS (some of them), offer help to us. But it is disgusting to the teacher to find that when he looks back, he sees, that you are not practicing economics.

THERE ARE SOME WHITE PEOPLE WHO hate to see the once-slave bending under the yoke, and they are sincere. But, be careful in accepting help from a tricknologist who would like to trick you into a worse state, by

Continued on Page 21

“THERE WILL BE NO JOBS”

Words of Messenger Elijah Muhammad, September 1972



Cartoon Reprinted from the January 10, 1975 issue of Muhammad Speaks Newspaper



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Build Black Economy

Continued from page 20

pretending friendship, for you.

THE BLACK BUSINESS AND POLITICAL MINDS of our people need training into the KNOWLEDGE of SELF and the future, FOR SELF.

STOP TRYING to be OTHER THAN YOUR OWN SELF. Do not depend on OTHER THAN YOUR OWN SELF for your BLACK FUTURE.

DEPENDING on SELF TODAY will keep you from making grave mistakes TOMORROW.

WE MUST NOT depend on SELF for help, WE MUST DEPEND ON THE HELP OF ALLAH (God).

THE ABOVE SAID business and political minded of our people, being without the KNOWLEDGE of SELF and of how to BUILD the most proper and successful ECONOMY among the BLACK MAN, is due to his being proud of what the white slave-master has taught him, of himself.

THIS TEACHING from his slave-master is designed to always keep

him SUBJECT to the slave-master's children.

WE NEED TERRITORY IN WHICH TO EXPAND. We need some of this GOOD EARTH here or there so that we can BUILD a SYSTEM of ECONOMY.

YOU, MR. POLITICIAN AND MR. PROFESSOR, are so willing to stay under the official shelter of the business and political white man, that you have very little love and mercy for tens-of-millions of your own people out here, trying to suck blood out of a turnip.

CREATE IN YOUR OWN HEART, love for your own people, who are wallowing in the mud and who are suffering from hunger and lack of shelter.

WE WANT TO TALK MORE ABOUT THIS, SUNDAY, Feb.23,1969 2: P.M. in the COLISEUM, located at 1513 South Wabash, Chicago, Illinois. WILL YOU BE THERE TO LISTEN, OR WILL YOU BE TOO PROUD TO COME OUT?

THE BIBLE PROPHECY, relating to the PROFESSIONAL Black once-slave, is very sad. Even their spiritual leaders, the preachers are denounced by Jesus, in his prophecy. Bible, Is. Chap. 56, Matt. 23: 13.

WE MUST TRY TO BEAT this prophecy, if we can. THIS IS WHAT I AM TRYING TO DO. DO NOT GET THE IDEA of robbing the ALREADY ROBBED Black People, just because you have learned HOW to rob them from the teaching of the slave master and his children.

THIS IS ONE OF THE HABITUAL practices on the part of the PROFESSIONAL CLASS, of our people. IF YOU MAKE THE LABORED WEALTHY, he is still in your orbit and you share in it. HE WILL LOVE AND HONOR you if you enable him to become SELF-SUFFICIENT.

I SPEND ALL OF MY TIME, NIGHT AND DAY, trying to do just this one thing . . . raise a FALLEN and DEAD people, to their feet, so that they may GO FOR SELF and BUILD FOR SELF, but not on the pattern of his slave-master which is robbery, spoiling and corruption of each other.

COME ALONG WITH ME, if you would love to BUILD an ECONOMIC SYSTEM for our people under the name BLACK, which is adopted from me, by you,

for the last few years.

I have been PREACHING BLACK for about 39 years. IF YOU ARE GOING TO TEACH MY TEACHING and FOLLOW ME, in the teaching of BLACK and BLACK DOING FOR BLACK, it would be wise of you to go along with me, for I HAVE DIVINE BACKING, while you have only YOURSELF.

YOUR SELF alone, will not work against the POWERFUL FORCE which is against you. YOU MUST HAVE DIVINE HELP and NATIONS OF YOUR KIND, with you. I have these things..

COME LEARN FROM ME, and do something GOOD for our people, instead of robbing our people under a name. . . BLACK. THAT IS LIKE TRADING THE LION FOR A WOLF. I WOULD LIKE TO SEE YOU, SUNDAY, FEB 23, 1969. 2:P.M., in the COLISEUM, located at 1513 South Wabash Avenue, Chicago, Illinois. COME AND HEAR MORE ABOUT SELF-ECONOMY

Government Bails Out Pork Industry

Continued from page 18

not eat, stop eating three and four times a day and stop drinking whiskey, beer, and wine, you would save much in the way of money? In prolonging your life by abstaining from the pig, alcoholic drinks and tobacco, you will also be adding money to your savings by hundreds and thousands of dollars. You will be depriving those pig raisers, tobacco growers and alcoholic distillers of millions of dollars of which they rob you as they hasten you to your grave. You could stop the tobacco growers from growing that stinking weed by turning away from the use of it. And you could stop the pig raising by not eating the stinking hog. These things are death to your children in their early ages. They even affect the reproductive organs of people in the early ages, as well as affect the heart, lungs and your sharpness in thinking. And, after all of this, you die a victim of poison and commercialization.

Economic Blueprint

By Messenger Elijah Muhammad

1. Recognize the necessity for unity and group operation (activities).
2. Pool your resources, physically as well as financially.
3. Stop wanton criticisms of everything that is black-owned and black-operated.
4. Keep in mind — jealousy destroys from within.
5. Observe the operations of the white man. He is successful. He makes no excuses for his failures. He works hard in a collective manner. You do the same. If there are six or eight Muslims with knowledge and experience of the grocery business — pool your knowledge, open a grocery store — and you work collectively and harmoniously, Allah will bless you with success.

If there are those with knowledge of dressmaking, merchandising, trades, maintenance — pool such knowledge. Do not be ashamed to seek guidance and instructions from the brother or sister who has more experience, education and training than you have had. Accept his or her assistance.

The white man spends his money with his own kind, which is natural. You, too, must do this. Help to make jobs for your own kind. Take a lesson from the Chinese and Japanese and go give employment and assistance to your own kind when they are in need. This is the first law of nature. Defend and support your own kind. True Muslims do this. Because the so-called American Negro has been deceived and misled, he has become a victim of deception. He is today in the worst economic condition of North America. Unemployment is mounting, and he feels it most. He assisted in reducing himself to his present insecure economic condition. You, the black man, are the only members of the human race that deliberately walk past the place of business of one of your own kind — a black man — and spend your dollars with your natural enemy. The so-called American Negro has never in the history of America been known to boycott or criticize the white man as he does his own kind. He thus shows love for his enemy and hatred for his own kind.

A true Muslim would never boycott the place of business of his fellow Muslim or black brother. A true Muslim is proud of the success of his black sisters and brothers. He recognizes that their success is his success. He recognizes the law of Islam. If one brother has a bowl of soup you have half of that soup.

A Parable from the Messenger

By

Brother John 9X

RHODE ISLAND--In the name of Allah, who came in the person of Master Fard Muhammad, the beneficent, the merciful. All praise is due to Allah. We can never thank Him enough for raising up from among us, the Honorable Elijah Muhammad, the Last and Greatest Messenger of Allah.

As-Salaam-Alaikum, Brothers and Sisters.

A parable? What is a parable? A parable is a story which has a moral or religious lesson in it. It may be symbolic or it may be straightforward. The important thing is that you find out the way the world works from it.

A parable is only as good as the meaning it is trying to convey.

There are many parables in the Bible. Jesus is constantly telling parables to his disciples. Messenger Elijah Muhammad gave us the meaning of these parables in relation to us as a people. We should know about our own parables.

You can find them in the Messenger's books. One of the parables that the Messenger mentions is "Baal and the Donkey".

Angel said to Baal and to his donkey - He said; "If the donkey had not seen me, I would have slew both of you." The donkey He's mentioning there means; "If that little dumb Messenger's eyes had not come open to the knowledge that I am God, I would have killed all of you." Because it's time, it's time that you should be killed. "But it happened that he opened his eyes and he saw Me; he recognized Me." Praises be to Allah!

--Words of Messenger Elijah Muhammad
Saviour's Day, 1969

Baal is a rich merchant. Every day he goes to the market place to sell his cheeses and herbs. He travels back and forth on his donkey who normally gives him reliable transportation.

Back and forth, day after day giving someone something undeserved. But on this day, the donkey must not be moving fast

enough because Baal is beating the poor animal senseless.

God sees this and is angered. He sends down an Angel to protect the beast. The Angel has a sword to enforce God's will.

Baal sees the Angel but continues to beat the donkey.

The Angel says, "I should slay you both!" But he doesn't.

The Parable ends here. What does it mean? The Messenger taught us in Chapter 52 of His book, The Fall of America:

"In the parable of the donkey who balked upon meeting with the angel, he saw that the burden he had been carrying on his back was false (Baal).

So in the resurrection of the mentally dead so-called Negro, they are rising to the knowledge of self.

This knowledge makes them balk or refuse to continue carrying the slavemaster as something to worship.

This has angered the slavemaster as the donkey's refusal angered Baal.

Baal set about whipping and beating the donkey to force him as usual to carry and respect him as his master.

This use of force to compel the once-slave (the Black Americans) to remain with them even now in order to make them members of their society is only false recognition of the Black American, this lost and now-found people of the Black nations of Asia and Africa.

This continuous cruelty by their white slavemasters, inflicted upon the American so-called Negro, has angered God."

Baal represents America or more specifically white people (the devil).

The donkey is the righteous or the Honorable Elijah Muhammad.

Why doesn't the Angel kill the donkey? Because his eyes have finally opened. He finally understands who God is, and who the devil is.

But why doesn't the Angel slay Baal? We have been taught since learning the prophecy of the white man's doom that his time was up in 1914, but that he was given an extension of time because we were yet dead to the knowledge of our self, God and the devil.

The Messenger taught in Chapter 55 of The Fall of America, "The time can be prolonged if the great Mahdi, the Messiah, that the world had been looking for to come for two thousand years, desires; for He does what He pleases.

This does not mean that He would change the idea of the doom and destruction of America. But if He pleased He could extend her time



Brother John 9X

if she did almost a miraculous thing like submitting to the righteousness taught and delivered to the mentally dead slave (the so-called Negro).

This is the only way America could exist; by bowing in submission to the will of God, taught by His Messenger.

The time that we are now in is a time of the anger of God against the evil-doers."

We see that the Honorable Elijah Muhammad taught us that white people could actually save themselves if they would submit entirely to the will of God.

This is very hard or next to impossible for them to do because it goes against their true nature.

A lot of us, the lost-found, give day after day of faithful service to Baal without ever thinking about who he is or why we are giving him our best.

Instead of loving our own and doing for self we are quick to embrace the world of sport and play. The world of fornication and drunkenness.

He's taking us to Hell with him and we do next to nothing to stop it. We still believe in a Spook God! We still eat three meals a day! What we need to do is to read the Messenger's words every day. Those words are our "V-8" juice.

Those words give us physical muscles and mental muscles.

We need to think about how we can build our Nation instead of building up the devils house of cards.

When we come across one of the Messenger's parables we need to analyze it because it will give us insight about our world and how badly we need the Honorable Elijah Muhammad and Master Fard Muhammad as the centers of it. As-Salaam-Alaikum.



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Nation of Islam is Right and Exact

By

Muhammad Saleem Bey

Oakland Cali.--In The Name of Almighty God Allah Who Came to us in the Person of Master Fard Muhammad to whom all praises is due for raising up one from among us The Most Honorable Elijah Muhammad (The Last Messenger of Allah).

I greet you with the Divine greeting of Peace of As-Salaam - Alaikum.

Our Supreme Wisdom Lesson Number 2, question 1, teaches us that "The Nation of Islam is all wise and does everything right and exact"

But today we have so-called leaders, using the name "THE NATION OF ISAM, or THE UNITED NATION OF ISLAM, or the NOI who are not the REAL NATION OF ISLAM.

The Honorable Elijah Muhammad, The Last Messenger of Allah taught us, We are the God of the Universe and we know Allah, Who Came in the Person of Master Fard Muhammad, is the Supreme God in Person, meaning He has more wisdom, knowledge and understanding than any other God.

Instead of teaching what Messenger Elijah Muhammad taught (Supreme Wisdom), these fakes and phonies are teaching their own teaching.

Messenger Elijah Muhammad taught us that the Black man is the Original Man and the God and Owner of the earth.

But, he said, "The Black Man in America is not an example of the Original Black Man..."

The Messenger taught that the wicked slavemasters (the white man) robbed the Black man of the knowledge of himself and now uses him as a tool for whatever purpose the white man sees fit.

The Messenger said, "He is called a "Negro" by them. The name means something dead, lifeless, neutral (not that nor this)."

The Supreme Wisdom, when taught RIGHT AND EXACTLY THE WAY THE MESSENGER TAUGHT IT, transforms "niggers" and "negroes" into Gods.

The Messenger said, "...We want you to know God and teach you what God does. God means something of Power, Wisdom,



Muhammad Saleem Bey

Knowledge, and Understanding..."

"...This is what He wants to make out of you and me, not just believers, but Gods."

The Messenger goes on to say, "There is no doubt that we are Gods, but we lost our power and knowledge..."

Messenger Elijah Muhammad (peace be upon him) taught us that Christianity and Buddhism is not right and exact for us. Christianity is approximately 551 years old Buddhism is 35,000 years old The Messenger taught us it's an old enemy of Islam.

Now there are some new enemies. They are using the Name of Messenger Elijah Muhammad, and our Flag of Islam, adding not only to the teachings. but also to the Flag itself. Some add a moon. Some add a few points to the star. and try to pass it off as Real Islam.

This kind of teaching make bigger fools out of the so-called negroes and niggers that they were before they ever heard what they think is Islam.

If we have the true knowledge of the Holy Quran and the Bible given to us by the Messenger of Allah, The Most Honorable Elijah Muhammad we should be able to agree on the truth of (God) Allah, Master Fard Muhammad, the devil (white man) and his slave-making religion, Christianity.

But some of us have some mixed up teachings, which causes us to argue, fight and kill each other.

So now that we know that The Nation of Islam is all wise, right and exact, let us not settle for anything less.

And anything other than EXACTLY what Messenger Elijah Muhammad (peace be upon him) taught is Less.

Poetry Corner

TO THE HONORABLE ELIJAH MUHAMMAD

BY

ABDUL BASIT NAEEM

In the beginning
there was just YOU
alone--all alone
with no followers
or brothers or sisters
around you
except, of course, for
THE GREAT MASTER
(praise be Allah's Name!)

Who came
with the Rising Sun
and had found you
adrift in Detroit's
darkling slums
and gave you
the most formidable task
of raising
the twenty-two million
"deaf, dumb and blind"
of your kind
(i.e., American so-called
"Negroes")

-- the veritable
DRY BONES
of this wilderness--
from their graves
of white Christian
ignorance

For years thereafter
the sacred seed of Islam
held firmly in your hands
you traveled and toiled
throughout this land
seeking the most fertile soil
then carefully scattered
the rare germinal matter
at certain selected spots
betwixt Harlem and Watts
then for many more years
by day and by night
every minute of the hour
with all your physical might
you guarded
the tender sproutlings
lest a plundering pack
of heinous, abominable
blue-eyed beasts
should come upon your tracks
and uproot every plantlet
in the infant nursery

Today
I'm told
the strength of your followers
has grown
nearly ten-thousand fold . . .
and
thanks to your counsel
sustained earnest exertion
and countless sacrifices
in behalf of Black Americans
the "NATION" now boasts
a hundred Muhammad's
Mosques
and centers of education
across the United States
together with
a coast-to-coast network
of fine Muslim restaurants
clothing factories and farms
and wholesale/retail stores
that sell quality goods
at low, reasonable prices

Of course, I'm aware
Dear Messenger of Allah
that not all Blacks
have to date
deemed fit to act
to join their own
under your banner of
TOTAL RIGHTEOUSNESS
and there are some
who though desperate
and impencunious
simply do not care
to utilize their minds
to think and to ask
whence did we come?
where do we belong?
to learn right from wrong
or just to "be their selves"
and seek
unrestricted **FREEDOM**
unrestrained **JUSTICE**
and unconditional **EQUALITY**
for themselves
and their kind

But
their apathy
or inattention
in no way reflects
that you haven't served
your appointed Mission



Abdul Basit Naeem
Pakistani Muslim

well -- for this indeed
you have done!
As a matter of fact
I do firmly believe
that this is
YOUR DAY . . .
Your moment of TRUTH . . .
Long and arduous
have been your labors
You must now taste
their magnificent fruit!

As for the vicious beasts
they'd all soon be seized
and permanently leashed . . .

How about
the poor Christian preachers?
the crooked politicians?
the hypocritical leaders?
the self-styled "teachers"?
Well --
they too must go!

Here is why:
I've been informed
the hour has arrived
for
ALMIGHTY ALLAH
to transform
ALL
BLACKAMERICA
into
the "Promised Land."

THE WOMAN IN ISLAM

Sexism in the Nation of Islam?

By **Sister Shahrazad Ali**

PHILADELPHIA, Penn.—The Honorable Elijah Muhammad left us with information and instructions on the Sisters and the Brothers, your next of kin and how to act at home and abroad, proper behavior, things to say and things not to say.

Now, of course, I'm not able to follow all of that, but I do the best I can, okay?

I came into the Nation of Islam in 1967. I got my "X" at Temple No. 5 in Cincinnati in 1968.

The Minister there was David Pasha and his wife was the [Sister] Captain. And that is when The Messenger came out with the instruction that a brother couldn't be the minister and his wife the captain because then the believers would have no place to go. He sent a letter to [Temple] No. 5 to that effect...

Islam is not a democracy. And we are not practicing, in there, what the devil teaches about women have certain amounts of equality. There is supposed to be "sexism" in there, because we were trying to uplift the Blackman as God and trying to put him back in his rightful spot. Now that didn't rob us of any equality as an individual, but, No, we didn't have the same post as the Brother and, No, we didn't have the same authority as the

Brother, and we should not have had. And that's not saying that we are not capable of raising our children, taking care of our homes. If we would just take care of those instructions that the Messenger gave us on how to be a good wife, a good woman, a good sister, and a good mother, then we wouldn't have had any time to try to compare our authority role in the Temple to the Brother, and the go out saying the Temple is a "Sexist" Place. Sisters like that, actually want to hold on to Christianity. "Sexist" is a new word. That's something that white woman made up because they were concerned about the fact that working on the white man's job, they were not promoting them as fast as they were themselves.

A sister told me once that she didn't want to be no M.G.T. (Muslim Girls Training) because she wasn't no girl! I said, "Well, I do! I want to always be a Muslim Girl You know, The Messenger taught on that. And he said, When we were girls, that's when we were at our peak in energy and in beauty and in weight and in a lot of other things (in curiosity, in interest in



Sister Shahrazad Ali

dedication). He said it was alright for us to be Muslim Girls and to never come out of that stage in that sense. And the promise was that we would be returned to that position. So I've never had a problem with being an M.G.T. & G.C.C. But a lot of the Sisters who came in, especially the ones that came in after the Messenger passed, they came in with a lot of the devil's ideas, a lot of the street ideas and they didn't necessarily come in to submit. They came in to try to find fault, because they didn't want to clean themselves up.

Strive To Dress and Act Like the Kind of Muslim You Wish To Become

By

Sister Samirah Muhsin

DETROIT, Mich.—I love my headpiece and the modesty that it represents and the respect that it commands.

The Most Honorable Elijah Muhammad (peace be upon him) really knew what he was doing when he gave us, Sisters, this garment and headpiece to wear.

It makes you act better than you would with out it.

Where your first inclination is to tell the sister checking your groceries to check her attitude, cause we all have bad days....., headpiece to the rescue you instead politely smile and engage with her to try and chill her snotty disposition. It really does work wonders. I love it!

I learned early on, in MGT Class, how to wrap my hair in different styles getting the understanding that we can be covered and dressed appropriately in many ways.

I learned that I could wear a hat a fabric wrap or headpiece.

I thought, "Wow how cool! .A sister could really get creative if she put her mind to it. But in all my creativity the one thing I have only tried in the privacy of my own home is the "Orthodox" Muslim hijab.

Oh! How cute it is! And the style possibilities are awesome! But I just can not wear it.

Its not that I would be uncovered, because it covers fully and is so

very feminine and would comply with our dress code (covering the hair) but because of the impression it would give and the identity that I would be assuming, I'd feel like a traitor or something, by association.

Yes I know it sounds extreme and I realize that Messenger Elijah Muhammad said it was okay to wear it, when he wrote in the June 28, 1968 edition of Muhammad Speaks Newspaper, "No style of dress is to be worn but the style of real Muslim people and the one that I am offering to you."

Back then, when the Messenger was alive, I would have been completely comfortable in "the style of the real Muslim people", because that style did not represent the hypocrisy and deviation that it does today.

When Wallace changed, and did his hypocrite thing, the sisters were taken out of their headpiece. How sad! Right? Then when he finally decided to do Islam, the so-called "Sunni" way, some of the sisters went back to covering, but they started wearing the hijab and niqab and jilbab, and all that stuff that was not for us. So you can see my apprehension is justified.

I don't want to wear the hijab-style of hair cover because it is associated with people who USED to believe like I believe, a.k.a. Hypocrites, as much as it's associated with Islam in general.



Sister Samirah Muhsin

It works for the orthodox Muslims and Sunni Muslims because it was prescribed for them by their Prophet, Muhammad Ibn Abdullah, who lived 1400 years ago (peace be upon him). It's for them.

Just as Jewish women were prescribed by there Prophet, Moses, on how to dress and cover, so were we given instructions by our Messenger, Elijah Muhammad (peace be upon him).

Our Messenger gave us our signature headpiece and garment to identify us as His followers.

There are some sisters who do not cover and still say they are Muslim. I would never know it by looking at them though. Some sisters wear a sheer strip of fabric laid just so on top of her head more

Continued on page 26

Have we quit our posts without being properly relieved?

By

Sister Pia Angela Muhammad

CINCINNATI, Ohio—In the name of Allah who came in the person of Master Fard Muhammad. We thank Him for raising for us a divine leader, teacher and guide, the Honorable Elijah Muhammad. As-salaam Alaikum..

I have met many wonderful "elders" during my journey in the Nation of Islam. The few who have stayed with the Messenger are the most intelligent, caring and beautiful people I have ever met.

Simple conversations with them have inspired me to make many changes that took me from a lip professor to someone truly striving to put Islam into practice. You never know how your words can change someone else's life.

One of the best parts of Saviour's Day in Detroit each year is cel-



Sister Pia Angela Muhammad

brating our day with people who were there. May of them are people who care enough to share the knowledge that they gained from Messenger Elijah Muhammad.

I have seen many other people
Continued on Page 27

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Strive To Dress and Act Like The Kind of Muslim You Wish To Become

Continued from page 24

so toward the middle showing which ever style her hair is in at the time in front. She also is not properly covered and although may be seen as Muslim, we all know that ain't right, especially for a sister who claims to be a follower of Messenger Elijah Muhammad. Then there is the sister in the bun style wrap which may very well scream regular sister with a bad hair day, but given the whole picture of a covered up sister, you my assume she is Muslim.

I know you would not normally see a sister in a hat and think Muslim sister, but she just might be. Now we all know what's right for us. Messenger Elijah Muhammad gave us our head piece and garments to set us apart and above all others. He knew what he was doing! He was instructed by Allah, Himself!

The hijab has been around covering sisters for a long time but Our Messenger gave us Our headpiece so that we could be recognized as HIS followers. So if you wear anything else please consider what others are thinking

and who they think you are cause you might look like you are following a hypocrite or not Muslim at all.

We are not followers of the Messenger if we are not following what he gave us to follow. So let us Strive to dress and act like the kind of Muslim we wish to become.

Bad Diet Causes Black Women to Have More Fibroids

American Black Women have more Fibroid Tumors than any other nationality.

Uterine fibroids are benign (noncancerous) tumors which grow from the muscle layers of the uterus. Bridgette York of *Fibroid News* suggests that the type of food Black Women consume abundantly influences the development of fibroids.

York states that Black Women's bodies don't react well to Western diets which largely consist of substances that are high in saturated fats, meats and dairy products..

WARNING TO THE SO-CALLED ORTHODOX MUSLIM WORLD AND THE HYPOCRITES

Accept Messenger Muhammad and live reject him and die, Part 2

By

Minister Sultan Al-amin

PHILADELPHIA, Penn--In The Name of Allah The Beneficent, The Merciful, who appeared in The person of Master Fard Muhammad to whom all praises are due forever. We the Muslims thank Allah for His last and greatest Messenger The Most Honorable Elijah Muhammad.

As-Salaam-Alaikum:

The Honorable Elijah Muhammad, in the month of May 1972, stood in our beautiful newly purchased Muhammad's Temple of Islam No. 2 on Stoney Island Chicago Illinois and taught us many profound lessons that day.

As he opened up the meeting with the general Muslim Prayer, instead of facing the east, the direction of "traditional" Muslims, He instructed us to face the west.

What was Messenger Muhammad opening our eyes too? The Messenger was opening our eyes and our minds illustrating to us that the light of truth will no longer rise from the east, but the light of truth will rise in the west, vice versing itself as it is written in The Bible Matt. 24:27.

The Bible further states that the carcass (our lost-found) people and the eagle (America) will be gathered together. (Matt.24:28).

This is a prophecy of you and I blackman.

The book of Genesis 15:13 complements the prophecy of Matthew.

When Prophet Abraham's seed (The blackman in America) is seen going into bondage among a strange people (white people) in a strange land (America) for 400 years, that truth laid to rest the Jews false claim that they were the people of the book belonging to this prophecy in Genesis.

Messenger Muhammad was taught directly by God in person Master Fard Muhammad on this subject.

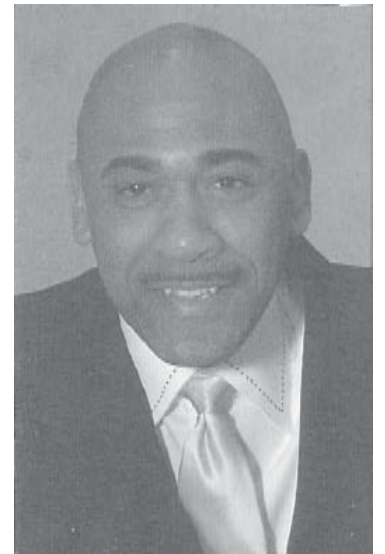
The Messenger pointed out to us the book of John 8th chapter, verse 44. Where Prophet Jesus exposed the Jews as devils and in verse 33 reminded them that they

were never in bondage to any man, omitting them from the bloodline of Abraham's seed of Gen 15:13.

The Jew is a confirmed impostor, as The book of revelations reveals in Chapter 2: verse 9. Read it for yourself.

We, the followers of The Honorable Elijah Muhammad, are blessed beyond words to have everything that was robbed from us returned.

Some of the Arabs, who claimed to follow Prophet Muhammad, of 1400 years ago, thought that you, along with the Devils and weak-hearted hypocrites among The Honorable Elijah Muhammad's



Minister Sultan Al-amin

'Islam, as taught by The Honorable Elijah Muhammad, is tailor made for the Blackman in America'

--Words of Min. Sultan Al-amin

Followers, tried to destroy Our Nation of Islam, because Allah sent his last Messenger to the blackman and women of America.

We'll pick up you Holy Qu-ran and read how you have a plan and Allah has a plan and Allah is the best of planners.

I warn you in the name of Allah you will be paid back in your mockery.

We haven't forgot how you (Arabs) were and still are involved in the slave trade.

We see you in the Sudan promoting and assisting in the formation of modern day slavery.

The Holy Qur-an calls you fuel for the fire.

You have, long ago, went off the path of Muhammad of Arabia (peace be upon him).

Read The Bible, in the book of Exodus 1:10 and Mark 14:27 also Psalms 83:- 1-5. These bible histories let us examine the minds of Pharaoh and Herod revealing to

us your paralleled thinking in comparison while you hide behind 1400 year old Islam.

Islam, as taught by The Honorable Elijah Muhammad, is tailor made for the blackman in America.

Old Islam was for the time of Prophet Muhammad. It has served it's purpose and will be renewed as The Bible teaches us, All things will be made new.

Remember hypocrites, that Messenger Muhammad teaches us that whenever there is a longing or a need for something in our nation, Time and circumstances will produce that thing into existence.

When that thing is called into existence, it works against what is no longer needed and will eventually remove it from existence. This is the law of nature.

Allah (GOD) is now removing the old world. But, as Messenger Muhammad taught us, the old world is going out with a great noise. To be forewarned is to be forearmed.

Muslim followers of Messenger Muhammad are uniting like never before to uplift the blood stained banner of Islam.

We are working to get the dead get the bread though Muhammad Speaks Newspaper.

Remember the Messenger told us to get out of Musa's time.

We are in the time of Master Fard Muhammad - Fast moving, quick thinking and right on down to the modern times.

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Sisters Stop Suffering in Silence!

By

Sister Muminah Nazira Muhammad

CHICAGO, Illinois--In the Name of Allah, who appeared in the person of Master Fard Muhammad and in the name of His Last and Greatest Messenger, the Most Honorable Elijah Muhammad. I greet you all in the Nations Greetings of Peace and Paradise - As Salaam Alaikum!

The Honorable Elijah Muhammad warned his people, "I say beware of being trapped into the kinds of disgraceful birth control laws now aimed almost exclusively at poor, helpless, black people who have no one to rely on" (Birth Control Death Plan, Message to The Black Man, published in 1965). The Messenger said, "To the Lost-Found members of the tribe of Shabazz (the so-called Negroes), I warn you my people and especially the women. Be aware of the tricks the devils are using to instill the idea of a false birth control in their clinics and hospitals. STERILIZATION IS NOT BIRTH CONTROL, BUT THE END OF ALL POSSIBILITY TO BEAR CHILDREN"

The white race has developed an arsenal of birth control methods, ranging from contraceptives (birth control pills and condoms and the out-right murder of unborn children in abortion) to complete sterilization (hysterectomies and vasectomies).

A hysterectomy is the surgical procedure that makes a woman sterile (unable to get pregnant) because the uterus is removed. A vasectomy is a surgical procedure that makes a man sterile, or unable to get a woman pregnant.

Black women in the United States have more abortions and hysterectomies each year than any other women in the world. The U.S. Department of Health and Human Services reports 37% percent of all abortions occur to black women. And the Center for Disease Control (CDC) reports that the hysterectomy rate among black women is 20 percent higher than among white women. On the other hand, vasectomies are far more common in white men (13.5%) than in black men (1.6%).

The Messenger warned, "Our enemies, the devils, know and now seek to prevent us from being a nation THROUGH OUR WOMEN,

as Pharaoh attempted to destroy Israel by killing off the male babies of Israel at birth. The thousand years before Moses, Yakub killed off the black babies at birth to produce this present white race. Pharaoh was envious of Israel's future of becoming a great nation, beloved of Allah, which would overcome Egypt and her future as a world power. The same goes for the so-called Negroes and the slave-masters' children. The slave-masters envy their once-slaves' future and want to destroy it." So the best thing to do is to tell you the truth whether you care for it or not. I will feel, then, that I have done my duty as a member of the same Nation as you."

Doctors define the term "abortion" as any premature expulsion of a human fetus. Whether naturally spontaneous such as a miscarriage, or artificially induced i.e. surgical or chemical abortion. The most common definition of "abortion" applies to artificially induced abortion.

In 1973, the Supreme Court ruled its Roe v. Wade and Doe v. Bolton decision to legalize abortion in all 50 states.

Abortions can be performed for any given reason, medical, social or otherwise, during all nine months of pregnancy.

Studies shows that approximately 93% of all induced abortions are done for non-medical reasons.

A number of life-threatening conditions require hysterectomy including: cancer, severe infections, severe bleeding, life-threatening blockage of the intestines or bladder and several conditions associated with serious but rare child birth complications.

The Honorable Elijah Muhammad was teaching and delivering sound advice and awareness to improve the overall health of Black America since the 1930's. He gave the solution on how to prevent and stop the health & medical problems that are plaguing our communities. "Stop eating the poison pork (which is the cause of most of

our sickness), do not drink alcoholic beverages, do not smoke tobacco or use dope .

Hysterectomies are frequently performed unnecessarily for many reasons: small fibroids, abortion,

'The Holy Qur'an describes how the devil will come from your right, your left, the front and back to get you to deviate off the right path.'

sterilization, mild uterine bleeding, lower back pain and irregular menstrual cycles. These problems can usually be treated with safer alternatives that leave the reproductive organs in tact.

Messenger Elijah Muhammad taught us that "Fasting is the Greatest cure for our ills.

Why are we suffering? Because we were and are still being seduced by an enemy that planned to destroy us in our infancy stage. If you have a doctor that insists on a hysterectomy, consider changing physicians immediately. Women that face these problems have to do what's best for them.

The greatest enjoyment in life is the results of a healthy body. A healthy body is a happy body. We were reared up by an enemy that taught us to behave contrary to the laws of Allah and our nature. Black women, we have to do our part by listening and obeying Messenger Muhammad.

Find ways to reduce stress in your life. Build up your resistance by exercising, strive hard to adhere to the dietary laws, given to us by Messenger Elijah Muhammad.

The Honorable Elijah Muhammad openly stated that "he loves us and Allah in the person of Master Fard Muhammad



Sister Muminah Muhammad

loves us too." His message is to restore us back to our nature which is righteousness and civilized us to be "dignified".

The Messenger of Allah has the prescription for ALL our ill conditions. A simple, free solution. A message of freedom, justice and equality that is our birth right, not a commodity.

But we are slow to adhere to his call. Though he sacrificed, paid the price, and gave his life to see that we the lost and found Nation of Islam are put on the square of civilization.

Have We Quit Our Post Without Being Properly Relieved?

Continued from page 24

who were registered before 1975 who are the exact opposite. They either want to keep everything for themselves as if we are Masons, or they have strayed so far off the path that they have nothing of value to offer. Where are all of the brilliant Ministers, Assistant Ministers, Captains, Lieutenants and even Soldiers? Most of them were never properly relieved from their posts. Why don't we see more of them trying to carry on? Why don't they make themselves known and available to us?

Our communities are in a terrible condition and are in need of the life giving teachings of the Honorable Elijah Muhammad. Why do we have to look so far for guidance that should be given without hesitation?

It dawned on me yesterday that one day (inshaAllah) I may be an "elder". People might look to my generation like we look to others give them? We don't have years

and years of experience in the Messenger's NOI. All we will have is what we get from others who were there. The books and lectures are priceless, but there are facets of everyday life that require training.

There are things that were learned in the temple that were not put into print. Many elders take these things for granted or to the grave.

We can study and get the knowledge, but how to properly apply that knowledge is another story. Muslim is a verb. It's something that requires action. Have we become tired or lazy? Or do we have the stamina to keep going?

What good is it to have such a wealth of knowledge if it dies with you? I see so many people in my generation who are absolutely confused. They follow this person or that person because there has been no visible alternative for them. There has been no voice of opposition to tell them what they

need to hear. By the time they hear the truth they have begun worshipping their cult leaders and their ears are closed.

I encourage everyone who was registered before 1975 to get back on your post. The Messenger taught that we are all ministers. Even the sisters are ministers. If you had no rank you are still a minister with a lot to offer. We can not sit back waiting for the Messenger to walk off the Mother Plane and give us instruction. He already gave us instruction. He told us to carry on after he dies. He told us to never quit our posts until properly relieved. Well, the new generation is willing to relieve you but we must be trained first. We must be nurtured. We are the future of Islam, but what kind of future will that be without knowing the past?

The Messenger of Allah Presents

The Muslim Program

What the Muslims Want

This is the question asked most frequently by both the whited and the blacks. The answers to this question I shall state as simply as possible.

1. We want freedom. We want a full and complete freedom.

2. We want justice. Equal justice under the law. We want justice applied equally to all, regardless of creed, or class, or color.

3. We want equality of opportunity. We want equal membership in society with the best in civilized society.

4. **We want our people in America whose parents or grandparents were descendants from slaves, to be allowed to establish a separate state or territory of their own...either on this continent or elsewhere.** We believe that our former slave masters are obliged to provide such land and that the area must be fertile and mineral rich. **We believe that our former slave masters are obligated to maintain and supply our needs in this separate territory for the next 20 to 25 years...until we are able to produce our own needs.**

Since we cannot get along with them in peace and equality, after giving them 400 years of our sweat and blood, and receiving in return some of the worst treatment human beings have ever experienced, we believe our contributions to this land and the suffering forced upon us by white America, justifies our demand for complete separation in a state or territory of our own.

5. **We want freedom for all Believers of Islam now held in federal prisons. We want freedom for all black men and women now under death sentence in innumerable prisons in the North, as well as the South.**

We want every black man and woman to have the freedom to accept or reject being separated from the slave master's children and establish a land of their own.

We know that the above plan for the solution of the black and white conflict is the best and only answer to the problem between two people.

6. **We want an immediate end to the police brutality and mob attacks against the so-called Negro throughout the United States.**

We believe that the Federal government should intercede to see that black men and women tried in white courts receive justice in accordance with the laws of the land - or allow us to build a new nation for ourselves, dedicated to justice, freedom and liberty.

7. As long as we are not allowed to establish a state or territory of our own, we demand not only

equal justice under the laws of the United States, but equal employment opportunities - NOW.

We do not believe that after 400 years of free or nearly free labor, sweat and blood, which has helped America become rich and powerful, that so many thousands of black people should have to subsist on relief, charity, or live in poor homes.

8. We want the government of the United States to exempt our people from All Taxation as long as we are deprived of equal justice under the laws of the land.

9. We want equal education -but separate schools up to 16 for boys and 18 for girls on the condition that the girls be sent to women's colleges and universities. **We want all black children, educated, taught and trained by their own teachers.**

Under such schooling systems we believe we will make a better nation of people. The United States government should provide, free, all necessary text books and equipment, schools, and college buildings. **The Muslim teachers shall be left free to teach and train their people in the way of righteousness, decency and self respect.**

10. We believe that intermarriage or race mixing should be prohibited. We want the religion of Islam taught without hindrance or suppression.

These are some of the things that we, the Muslims, want for our people in North America.

What the Muslims Believe

1. WE BELIEVE in the One God Whose proper Name is Allah.

2. WE BELIEVE in the Holy Qur'an and in the Scriptures of all the Prophets of God.

3. **WE BELIEVE in the truth of the Bible, but we believe that it has been tampered with and must be reinterpreted** so that mankind will not be snared by the falsehoods that have been added to it.

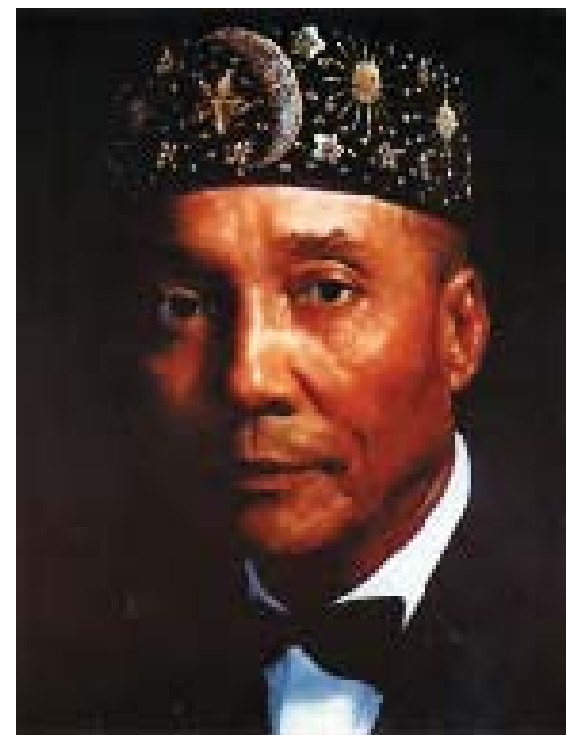
4. WE BELIEVE in Allah's Prophets and the Scriptures they brought to the people.

5. **WE BELIEVE in the resurrection of the dead -- but not in the physical resurrection -- but in mental resurrection.** We believe that the so-called Negro's are most in need of mental resurrection therefore they will be resurrected first.

Furthermore, we believe we are the people of God's choice, as it has been written. That God would choose the rejected and the despised. We can find no other persons fitting this description in these last days more than the so-called Negro's in America. We believe in the resurrection of the righteous.

6. **WE BELIEVE in the judgement; We believe this first judgement will take place in America.**

7. WE BELIEVE this is the time in history for the separation of the so-called Negro's and so-called white Americans. We believe the black men should be freed in name as well as in fact. By this we mean that he should be freed



**The Most Honorable Elijah Muhammad
THE LAST MESSENGER OF ALLAH**

from the names imposed upon him by his former slave masters. Names which identified him as being the slave master's slave. We believe that if we are free indeed, we should go in our own people's names - the black people of the earth.

8. **WE BELIEVE in justice for all, whether in God or not;** We believe as others, that we are due equal justice as human beings. We believe in equality -- as a nation - of equals. We do not believe that we are equal with our slave master in the status of "freed slaves".

We recognize and respect American citizens as independent people and we respect their laws which govern this nation.

9. **WE BELIEVE that the offer of Integration is hypocritical and is made by those who are trying to deceive the black people into believing that their 400 year-old open enemies of freedom, justice and equality are, all of a sudden, their "friends".** Furthermore, we believe that such deception is intended to prevent black people from realizing that the time in history has arrived for the separation from the whites of this nation.

If the white people are truthful about their professed friendship toward the so-called Negro, they can prove it by dividing up America with their slaves.

We do not believe that America will ever be able to furnish jobs for her own millions of unemployed, in addition to jobs for the 20,000,000 black people as well.

10. WE BELIEVE that we who declared ourselves to be righteous Muslims, should not participate in wars which take the lives of humans. We do not believe this nation should force us to take part in such wars, for we have nothing to gain from it unless America agrees to give us the necessary territory wherein we may have something to fight for.

11. **WE BELIEVE our women should be respected and protected as the women of their nationalities are respected and protected.**

12. WE BELIEVE that Allah (God) appeared in the Person of Master Fard Muhammad, July, 1930; the long-awaited "Messiah" of the Christians and the "Mahdi" of the Muslims.

We believe further and lastly that Allah is God and besides HIM there is no God and He will bring about a universal government of peace wherein we all can live in peace together.